



2024

Secondary Athletics Championships

Date:	Wednesday 21 August 2024
Start:	8.30am
Venue:	Campbelltown Sports Ground Athletics Centre Pembroke Rd, Leumeah
8.30am:	Meeting of Officials and Team Managers
First Call:	8.45am
Last Event:	Relays 2.45pm

General Information for Schools

- All persons are asked to keep the surrounds as clean as possible.
- Competitors must be seated near Team Managers and shall report all movement to their Manager. No students are to enter any other stadiums.
- Spectators are strictly prohibited in competition areas.
- There will be a canteen open throughout the day, operated by the Athletic Centre.
- Schools are responsible to ensure that their students know which event they are competing in.
- Age Divisions will be the age student turned in this calendar year (January – December).
- Students may compete in one age group only.
- Junior: 12, 13, 14; Senior: 15, 16, 17 & 18
- 1500m will be run in combined ages for 12 & 13 Years, 15 & 16 Years and 17 & 18 Years. 14 Years will be run in their own age group.
- Relays will be run in Junior and Senior divisions.
- A First Aider will be present on the day and will be located near the finish line.

PARKING

There are a number of spaces available:

- Pembroke Road Car Park, adjacent to Wests Leagues Club which can be accessed via Old Leumeah Road.
- Leumeah Station P1 & Leumeah Station P2 are accessed via Airds Road & Plough Inn Road.
- All three car parks have allocated disabled parking.
- Click on the link for more information. <https://www.parkopedia.com.au> Leumeah Station – P2 – Car Park.
- There is strictly no parking available inside the Stadium for any teachers, parents or students, unless organised with venue staff.
- **Entry into the Stadium/Athletics Centre is ONLY via Pembroke Road.**

To ensure the safety of the students, teachers, parents & staff the pedestrian gate near the tennis courts will **NOT** be open.

Points Score and Lanes

Points will be allocated based on the finishing position of athletes when the times for both heats are combined. Please note the distinction in points able to be scored.

Place	Points allocated
1 st	20
2 nd	17
3 rd	15
4 th	13
5 th	12
6 th	11
7 th	10
8 th	9
9 th	8
10 th	7
11 th	6
12 th	5
13 th	4
14 th	3
15 th	2
16 th	1

Lane Draws	
1	THAC
2	TIGS
3	BAC
4	SLG
5	PAC
6	GRG
7	WAC
8	MAS

School Key

TIG4	The Illawarra Grammar School	MAS4	Macarthur Anglican School
BAC4	Broughton Anglican College	PAC4	Penrith Anglican College
STL4	St Luke's Grammar	GRG4	Georges River Grammar School
THA4	Thomas Hassall Anglican College	WAC4	Wollondilly Anglican College

Information for Competitors

1. The championship will be conducted in seven (7) age groups: 12, 13, 14, 15, 16, 17 & 18+. Ages are based on age turned in current year. Competitors must compete in this age group for the entire carnival.

Ages	Junior	12 – 14 years
	Senior	15 – 18 + years

2. If competitors are in a track and field event at the same time, they must report to the field official to register and then take part in the track event. After the track event, competitors must report back to the the field offiical within 5 minutes of the completion of their race. High jump competitors must start at the current height of the bar. The bar will not be lowered. Competitors will not be allowed to resume if the event is finished and has been closed by the referee.
3. 1500m will be run in combined ages for 12 & 13 years, 15 & 16 years and 17 & 18 years. 14 years will be run in their own race.
4. All rules are as per Athletics NSW.
5. All protests must be submitted to either the Track or Field Referee in writing within 15 minutes of the event's completion. Protests may only be submitted by the Team Manager. The Referee's decision is final.
6. Starts – The 'One Start Rule' will be used i.e. any competitor making a false start shall be warned. Only one false start per race shall be allowed with the disqualification of the next athlete making the false start.
7. Three attempts only for field events (except High Jump).
8. All students must wear a shoe on each foot when competing.
9. Selection into the CASA Secondary Athletics Team to compete in the AICES Carnival (Tuesday, 10 September, 2024) will be decided by the best times/distances on the day. The top 3 in track and top 2 in field will progress to AICES. Relays - 2 relay teams per event.

10. Students who miss the CASA carnival due to representing their school at a higher level of representation in another sport, can also nominate to have their times/distances considered. These must be submitted by 9:00am on the morning of the CASA Carnival. This will mean that a top 2 finisher at CASA may be knocked out by a student who is representing their school at a higher level on that day.
11. Students who do not wish to be considered for selection in to the CASA representative team must notify the convenor **BEFORE** the end of the CASA Athletics Carnival.

Athletics Implement Specifications

Age	MALES				FEMALES			
	High Jump Start Height	Shot Put	Discus	Javelin	High Jump Start Height	Shot Put	Discus	Javelin
18+	1.50m	6kg	1.75 kg	800g	1.20m	4 kg	1.0 kg	600g
17	1.50m	5 kg	1.5 kg	700g	1.20m	3 kg	1.0 kg	500g
16	1.50m	5 kg	1.5 kg	700g	1.20m	3 kg	1.0 kg	500g
15	1.40m	4 kg	1.0 kg	700g	1.20m	3 kg	1.0 kg	500g
14	1.30m	4 kg	1.0 kg	700g	1.10m	3 kg	1.0 kg	500g
13	1.20m	3 kg	1.0 kg	600g	1.10m	3 kg	1.0 kg	400g
12	1.10m	3 kg	0.75 kg	600g	1.10m	3 kg	0.75kg	400g

- These are the same specifications as AICES and NSW CIS

Allocation of Officials

- Each school is to supply officials from teachers and senior students. All officials listed in bold must be a teacher from that school. Each school must assign students at their allocated events to assist. Runners may be students from the allocated school.

Convenor	TIGS Adrian Deck
Announcer	WAC
Starter	Athletics NSW
Marshals	Boys - MAS, PAC, Girls – THAC, GRG
Photo Finish	Campbelltown Athletics
Photo Finish Assistant	Campbelltown Athletics
Chief Track Judge	Athletics NSW
Track Judges	TIGS & STL
Ribbons table	THAC
Meet Manager Data Entry	Cherry Smith & CASA Admin
Track side recorder	TIGS & STL
Runner from Track to Recording Room	TIGS Students
Results Wall & Ribbons Table	TIGS Students
Runners from Marshal to Recording Room	TIGS Students
Chief Field Judge	Athletics NSW
Long Jump 1 – Girls far side	WAC & PAC + 2 students (WAC/PAC)
Long Jump 2 – Boys grandstand side	GRG & BAC + 2 students (GRG/BAC)
High Jump 1	External Official, MAS + 2 students (MAS)
High Jump 2	External Official, PAC + 2 students (PAC)
Shot Put 1 – Girls northern end	External Official, SLG + 2 students (SLG)
Shot Put 2 – Boys southern end	External Official, THAC + 2 students (THAC)
Discus 1 – Girls northern end	External Official, GRG + 2 students (GRG)
Discus 2 – Boys southern end	External Official, MAS, + 2 students (MAS)
Javelin 1 – Girls northern end	External Official, WAC + 2 students (WAC)
Javelin 2 – Boys southern end	External Official; BAC + 2 students (BAC)
Check Starter	BAC

Relay Judges (one at the beginning of change over zone and one at the end of change over zone for all relays)	Change 1: STL, PAC Change 2: WAC, GRG Change 3: THAC, MAS
Roving Toilet Area	THAC (am) STL (pm)
Roving Canteen Area	PAC (am) BAC (pm)
First Aid & Ice	Complete Body Dynamics

Track Program Summary

(These are approximate times only)

8.45am	Marshal first events of the day
9.00am	1500m Girls
9.40am	1500m Boys
10.20am	200m Girls
10.55am	200m Boys
11.30am	800m Girls
12.00pm	800m Boys
12.30pm	100m Girls
1.00pm	100m Boys
1.30pm	400m Girls
2.10pm	400m Boys
2.45pm	4 x 100m Relays

Field Program Summary

- All GIRLS field events (No.1) are held at the NORTHERN end of the Stadium
- All BOYS field events (No. 2) are held at the SOUTHERN end of the Stadium
- High Jump varies northern to southern for males and females

TIME	Jav 1	Jav 2	Shot Put 1	Shot Put 2	Disc 1	Disc 2	High Jump 1	High Jump 2	Long Jump 1	Long Jump 2
9.00am	15G	15B	12G	18B	17G		12B	14G	18G	17B
9.30am		12B	13G			16B	18G	13B	16G	
10.00am	13G	13B		14B	18G	17B	15B		12G	
10.30am				15B		12B		18B		13B
11.00am	17G	17B	14G		13G		16G	12G		14B
11.30am		12G	16G	12B		13B		15G	13G	
12.00pm	18G	18B	15G		14G		17B			15B
12.30pm			17G		12G	15B		16B	15G	12B
1.00pm	14G	14B		16B	16G	18B	17G			
1.30pm		16B	18G	17B	15G			14B	14G	18B
2.00pm	16G			13B		14B	13G		17G	16B

Full Program

Event No	Gender	Age	Event	Approx. Time	Implement or starting height	Venue
1-2	Girls	12-13	1500m	9.00am	Waterfall Start	1500m start
3	Girls	14	1500m		Waterfall Start	1500m start
4-5	Girls	15-16	1500m		Waterfall Start	1500m start
6-7	Girls	17-18	1500m		Waterfall Start	1500m start
8	Girls	15 years	Javelin		500g	Javelin 1
9	Boys	15 Years	Javelin		700g	Javelin 2
10	Girls	12 Years	Shot Put		3kg	Shot Put 1
11	Boys	18 Years	Shot Put		6kg	Shot Put 2
12	Girls	17 Years	Discus		1kg	Discus 1
13	Boys	12 Years	High Jump		1.10m	High Jump 1
14	Girls	14 Years	High Jump		1.10m	High Jump 2
15	Girls	18 Years	Long Jump			Long Jump 1
16	Boys	17 Years	Long Jump			Long Jump 2
17	Boys	12 Years	Javelin	9:30am	600g	Javelin 2
18	Girls	13 Years	Shot Put		3kg	Shot Put 1
19	Boys	16 Years	Discus		1.5kg	Discus 2
20	Girls	18 Years	High Jump		1.20m	High Jump 1
21	Boys	13 Years	High Jump		1.20m	High Jump 2
22	Girls	16 Years	Long Jump			Long Jump 1
23-24	Boys	12-13	1500m	9.40am	Waterfall Start	1500m start
25	Boys	14	1500m		Waterfall Start	1500m start
26-27	Boys	15-16	1500m		Waterfall Start	1500m start
28-29	Boys	17-18	1500m		Waterfall Start	1500m start
30	Girls	13 Years	Javelin	10.00am	400g	Javelin 1
31	Boys	13 Years	Javelin		600g	Javelin 2
32	Boys	14 Years	Shot Put		4kg	Shot Put 2
33	Girls	18 Years	Discus		1.0kg	Discus 1
34	Boys	17 Years	Discus		1.5kg	Discus 2
35	Boys	15 Years	High Jump		1.40m	High Jump 1
36	Girls	12 Years	Long Jump			Long Jump 1
37	Girls	12 years	200m	10.20am		200m Start
38	Girls	13 years	200m			200m Start
39	Girls	14 years	200m			200m Start
40	Girls	15 years	200m			200m Start
41	Girls	16 years	200m			200m Start
42	Girls	17 years	200m			200m Start
43	Girls	18 years	200m			200m Start
44	Boys	15 Years	Shot Put	10.30am	4kg	Shot Put 2
45	Boys	12 Years	Discus		0.75g	Discus 2
46	Boys	18 Years	High Jump		1.50m	High Jump 2
47	Boys	13 Years	Long Jump			
48	Boys	12 years	200m	10.55am		200m Start
49	Boys	13 years	200m			200m Start
50	Boys	14 years	200m			200m Start

51	Boys	15 years	200m			200m Start
52	Boys	16 years	200m			200m Start
53	Boys	17 years	200m			200m Start
54	Boys	18 years	200m			200m Start
55	Girls	17 Years	Javelin	11.00am	500g	Javelin 1
56	Boys	17 Years	Javelin		700g	Javelin 2
57	Girls	14 Years	Shot Put		3kg	Shot Put 1
58	Girls	13 Years	Discus		1.0kg	Discus 1
59	Girls	16 Years	High Jump		1.20m	High Jump 1
60	Girls	12 Years	High Jump		1.10m	High Jump 2
61	Boys	14 Years	Long Jump			
62	Girls	12 years	800m	11.30am	Waterfall	800m Start
63	Girls	13 years	800m		Waterfall	800m Start
64	Girls	14 years	800m		Waterfall	800m Start
65	Girls	15 years	800m		Waterfall	800m Start
66	Girls	16 years	800m		Waterfall	800m Start
67	Girls	17 years	800m		Waterfall	800m Start
68	Girls	18 years	800m		Waterfall	800m Start
69	Girls	12 Years	Javelin		400g	Javelin 2
70	Girls	16 Years	Shot Put		3kg	Shot Put 1
71	Boys	12 Years	Shot Put		3kg	Shot Put 2
72	Boys	13 Years	Discus		1.0kg	Discus 2
73	Girls	15 Years	High Jump		1.20m	High Jump 2
74	Girls	13 Years	Long Jump			
75	Boys	12 years	800m	12.00pm	Waterfall	800m Start
76	Boys	13 years	800m		Waterfall	800m Start
77	Boys	14 years	800m		Waterfall	800m Start
78	Boys	15 years	800m		Waterfall	800m Start
79	Boys	16 years	800m		Waterfall	800m Start
80	Boys	17 years	800m		Waterfall	800m Start
81	Boys	18 years	800m		Waterfall	800m Start
82	Girls	18 Years	Javelin		600g	Javelin 1
83	Boys	18 Years	Javelin		800g	Javelin 2
84	Girls	15 Years	Shot Put		3kg	Shot Put 1
85	Girls	14 Years	Discus		1.0kg	Discus 1
86	Boys	17 Years	High Jump		1.50m	High Jump 1
87	Boys	15 Years	Long Jump			
88	Girls	12 years	100m	12.30pm		100m Start
89	Girls	13 years	100m			100m Start
90	Girls	14 years	100m			100m Start
91	Girls	15 years	100m			100m Start
92	Girls	16 years	100m			100m Start
93	Girls	17 years	100m			100m Start
94	Girls	18 years	100m			100m Start
95	Girls	17 Years	Shot Put		3kg	Shot Put 1
96	Girls	12 Years	Discus		0.75kg	Discus 1
97	Boys	15 Years	Discus		1.0kg	Discus 2

98	Boys	16 Boys	High Jump		1.50m	High Jump 2
99	Girls	15 Years	Long Jump			
100	Boys	12 Years	Long Jump			
101	Boys	12 years	100m	1.00pm		100m Start
102	Boys	13 years	100m			100m Start
103	Boys	14 years	100m			100m Start
104	Boys	15 years	100m			100m Start
105	Boys	16 years	100m			100m Start
106	Boys	17 years	100m			100m Start
107	Boys	18 years	100m			100m Start
108	Girls	14 Years	Javelin		500g	Javelin 1
109	Boys	14 Years	Javelin		700g	Javelin 2
110	Boys	16 Years	Shot Put		5kg	Shot Put 2
111	Girls	16 Years	Discus		1.0kg	Javelin 1
112	Boys	18 Years	Discus		1.75kg	Discus 2
113	Girls	17 Years	High Jump		1.20m	High Jump 1
114	Girls	12 Years	400m	1.30pm		400m Start
115	Girls	13 years	400m			400m Start
116	Girls	14 years	400m			400m Start
117	Girls	15 years	400m			400m Start
118	Girls	16 years	400m			400m Start
119	Girls	17 years	400m			400m Start
120	Girls	18 years	400m			400m Start
121	Boys	16 Years	Javelin		700g	Javelin 2
122	Girls	18 Years	Shot Put		4kg	Shot Put 1
123	Boys	17 Years	Shot Put		5kg	Shot Put 2
124	Girls	15 Years	Discus		1.0kg	Discus 1
125	Boys	14 Years	High Jump		1.30m	
126	Girls	14 Years	Long Jump			
127	Boys	18 Years	Long Jump			
128	Girls	16 Years	Javelin	2:00pm	500g	Javelin 1
129	Boys	13 Years	Shot Put		3kg	Shot Put 2
130	Boys	14 Years	Discus		1.0kg	Discus 2
131	Girls	13 Years	High Jump		1.10m	High Jump 1
132	Girls	17 Years	Long Jump			
133	Boys	16 Years	Long Jump			
134	Boys	12 Years	400m	2.10pm		400m Start
135	Boys	13 years	400m			400m Start
136	Boys	14 years	400m			400m Start
137	Boys	15 years	400m			400m Start
138	Boys	16 years	400m			400m Start
139	Boys	17 years	400m			400m Start
140	Boys	18 years	400m			400m Start
141	Girls	Junior	Relay	2.45pm		
142	Girls	Senior	Relay			
143	Boys	Junior	Relay			
144	Boys	Senior	Relay			

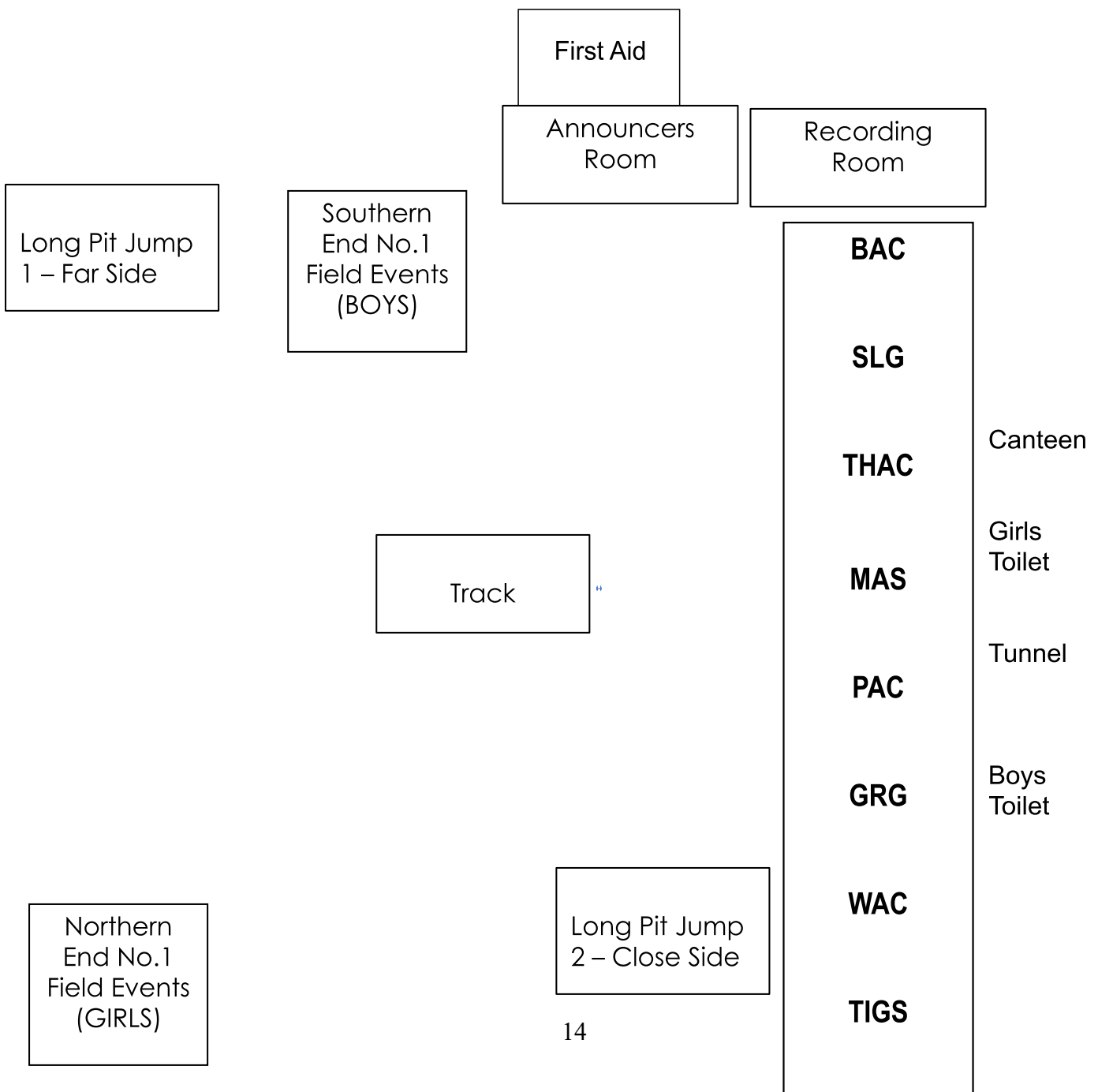
Event Locations

- All Number 1 (GIRLS) field events will be at the Northern end of the ground.
- All Number 2 (BOYS) field events are at the Southern end of the ground.
- Boys Long Jump pit will be closest to the stand, Girls Long Jump pit will be on the other side of the track.
- High Jump varies northern to southern

Stadium Seating Plan

(Seating is western side of ground in the grandstand)

Leagues Club End



MAP of Campbelltown Athletics Stadium

Southern End
(Boys Events)



Northern End
(Girls Events)

CASA Athletics Records (2003 - 2023)

Event no.	Event	Time/ Distance	Name	School	Year
1	12 Years Female 1500m	5:42.33	Aria Furlong	St Lukes	2021
2	13 Years Female 1500m	5:25.86	Isabella Evans	Wollondilly	2022
3	14 Years Female 1500m	5:04.61	Claire Spicknall	Illawarra	2021
4	15 Years Female 1500m	5:04.03	Catriona (Kitty) Henderson	St Lukes	2017
5	16 Years Female 1500m	4:53.95	Claire Spicknall	Illawarra	2023
6	17 Years Female 1500m	5:10.70	Jessica Quilter-Jones	Illawarra	2021
7	18+ Years Female 1500m	5:03.94	Lauren Ward	Macarthur	2021
8	15 Years Female Javelin	34.96m	Camryn Harland	Georges River	2023
9	15 Years Male Javelin	40.59m	Marcus Campbell	St Lukes	2019
10	12 Years Female Shot Put	9.90m	Kira-May Filemu	Georges River	2018
11	18+ Years Male Shot Put	13.35m	Ryan Galway	Broughton	2008
12	17 Years Female Discus	33.08m	Marie-Louise Meier-Kepavale	Wollondilly	2016
13	12 Years Male High Jump	1.50m	Vaughn Patterson	Illawarra	2004
14	14 Years Female High Jump	1.58m	Elyse Glynn	Macarthur	2006
15	18+ Years Female Long Jump	5.01m	Laura Perich	Macarthur	2017
16	17 Years Male Long Jump	6.33m	William Rodgers	Penrith	2008
17	12 Years Male Javelin	18.28m	Nathaniel Danda	Thomas Hassall	2023
18	13 Years Female Shot Put	11.15m	Isabella Degei	Penrith	2019
19	16 Years Male Discus	42.99m	Angus Harrold	Penrith	2016
20	18+ Years Female High Jump	1.70m	Laura Perich	Macarthur	2017
21	13 Years Male High Jump	1.72m	Myles Brooks	Wollondilly	2022
22	16 Years Female Long Jump	5.16m	Tara Hollyoak	St Lukes	2023
23	12 Years Male 1500m	4:59.59	Noah Towill	Illawarra	2019
24	13 Years Male 1500m	5:07.03	Owen Kenneally	Macarthur	2021
25	14 Years Male 1500m	4:41.59	Michael Mitchell	Illawarra	2023
26	15 Years Male 1500m	4:23.66	James Healey	Illawarra	2018
27	16 Years Male 1500m	4:30.44	Benjamin Napier	Wollondilly	2021
28	17 Years Male 1500m	4:17.54	James Brewer	Illawarra	2023
29	18+ Years Male 1500m	4:35.85	James Healey	Illawarra	2021
30	13 Years Female Javelin	32.07m	Kirra Bennett-Smith	Wollondilly	2016
31	13 Years Male Javelin	41.15m	Hayden Perry	Penrith	2012
32	14 Years Male Shot Put	13.55m	B. Olovic	Georges River	2001
33	18+ Years Female Discus	38.49m	Marie-Louise Meier-Kepavale	Wollondilly	2017
34	17 Years Male Discus	45.98m	Angus Harrold	Penrith	2017
35	15 Years Male High Jump	1.80m	Mitch Ryan	Macarthur	2004
36	12 Years Female Long Jump	4.65m	Ashlee Davidson	Penrith	2006
37	12 Years Female 200m	28.80	Paige Schafer	Penrith	2007
38	13 Years Female 200m	26.74	Tegan Richards	Illawarra	2007
39	14 Years Female 200m	26.47	Stephanie Hunt	St Lukes	2005
40	15 Years Female 200m	27.09	Isla Puri	Penrith	2023
41	16 Years Female 200m	26.15	Tara Hollyoak	St Lukes	2023

Event no.	Event	Time/ Distance	Name	School	Year
42	17 Years Female 200m	27.33	Loen Sevastos	Illawarra	2023
43	18+ Years Female 200m	27.09	Laura Perich	Macarthur	2017
44	15 Years Male Shot Put	13.10m	Connor O'Shannessy	Penrith	2023
45	12 Years Male Discus	30.88m	Hugh Harrold	Penrith	2016
46	18+ Years Male High Jump	1.83m	Ryan Freeman	Georges River	2021
47	13 Years Male Long Jump	5.29m	William Rodgers	Penrith	2005
48	12 Years Male 200m	24.72	Ahmed Badawy	Illawarra	2002
49	13 Years Male 200m	24.47	Ahmed Badawy	Illawarra	2003
50	14 Years Male 200m	24.10	James Kermond	Broughton	2010
51	15 Years Male 200m	23.10	James Kermond	Georges River	2011
52	16 Years Male 200m	23.85	Mavrick Scanlan	St Lukes	2007
53	17 Years Male 200m	22.53	James Kermond	Georges River	2013
54	18+ Years Male 200m	22.75	James Kermond	Georges River	2015
55	17 Years Female Javelin	34.53m	Emily De Brot	Georges River	2010
56	17 Years Male Javelin	54.67m	Hayden Perry	Penrith	2016
57	14 Years Female Shot Put	10.13m	K. Bullen		2007
58	13 Years Female Discus	32.48m	Zoe Daniels	Wollondilly	2018
59	16 Years Female High Jump	1.62m	Laura Perich	Macarthur	2015
60	12 Years Female High Jump	1.45m	Elysse Glynn	Macarthur	2004
61	14 Years Male Long Jump	5.90m	Samuel Rodgers	Penrith	2001
62	12 Years Female 800m	2:37.65	Alicia Webb	Broughton	2023
63	13 Years Female 800m	2:27.80	Monique Andreatta	Penrith	2008
64	14 Years Female 800m	2:26.84	Isabella Evans	Wollondilly	2023
65	15 Years Female 800m	2:26.14	Katie-Louise Patterson	Illawarra	2005
66	16 Years Female 800m	2:24.37	Claire Spicknall	Illawarra	2023
67	17 Years Female 800m	2:30.73	Katherine Whiteside	Penrith	2008
68	18+ Years Female 800m	2:26.49	Maudie Skyring	Illawarra	2015
69	12 Years Female Javelin	27.81m	Isabella Degei	Penrith	2018
70	16 Years Female Shot Put	11.98m	Lily Hzeszczuk	Macarthur	2023
71	12 Years Male Shot Put	9.82m	Jeffrey Sun	St Lukes	2006
72	13 Years Male Discus	30.18m	M. Salmon		2003
73	15 Years Female High Jump	1.60m	Elyse Glynn	Macarthur	2007
74	13 Years Female Long Jump	4.76m	Maddison McIntosh	Penrith	2017
75	12 Years Male 800m	2:19.45	Adrian Neoklis	Thomas Hassall	2013
76	13 Years Male 800m	2:19.66	Harrison Stratford	Penrith	2015
77	14 Years Male 800m	2:15.48	Harry Gross	Broughton	2015
78	15 Years Male 800m	2:07.26	Hamish Paine	Illawarra	2011
79	16 Years Male 800m	2:02.15	Miles Waring	Illawarra	2008
80	17 Years Male 800m	2:03.71	Alexander Seal	Illawarra	2013
81	18+ Years Male 800m	2:05.52	Liam Polinsky	Penrith	2017
82	18+ Years Female Javelin	35.42m	Emily De Brot	Illawarra	2011
83	18+ Years Male Javelin	40.14m	Daniel Baker	Thomas Hassall	2011
84	15 Years Female Shot Put	10.45m	Taime Maidla	Broughton	2004
85	14 Years Female Discus	36.48m	Zoe Daniels	Wollondilly	2019

Event no.	Event	Time/ Distance	Name	School	Year
86	17 Years Male High Jump	1.86m	Mitchell Ryan	Macarthur	2006
87	15 Years Male Long Jump	6.23m	William Rodgers	Penrith	2007
88	12 Years Female 100m	13.87	Paige Schafer	Penrith	2007
89	13 Years Female 100m	13.03	Caitlin Heeps	Penrith	2007
90	14 Years Female 100m	13.07	Stephanie Hunt	St Lukes	2005
91	15 Years Female 100m	12.75	Denali Hutt	Illawarra	2013
92	16 Years Female 100m	12.98	Tara Hollyoak	St Lukes	2023
93	17 Years Female 100m	13.17	Tegan Richards	Illawarra	2011
94	18+ Years Female 100m	13.21	Laura Perich	Macarthur	2017
95	17 Years Female Shot Put	11.86m	Marie-Louise Meier-Kepavale	Wollondilly	2016
96	12 Years Female Discus	32.34m	Kira-May Filemu	Georges River	2018
97	15 Years Male Discus	53.12m	Angus Harrold	Penrith	2015
98	16 Years Male High Jump	1.90m	Samuel Rodgers	Penrith	2004
99	15 Years Female Long Jump	5.11m	Abbey Gillam	Broughton	2013
100	12 Years Male Long Jump	5.14m	Ahmed Badawy	Illawarra	2002
101	12 Years Male 100m	12.18	Ahmed Badawy	Illawarra	2002
102	13 Years Male 100m	12.01	Ahmed Badawy	Illawarra	2003
103	14 Years Male 100m	11.60	Ahmed Badawy	Illawarra	2004
104	15 Years Male 100m	11.16	James Kermond	Georges River	2011
105	16 Years Male 100m	11.36	Zachary Kappler	Broughton	2013
106	17 Years Male 100m	11.00	Samuel Rodgers	Penrith	2005
107	18+ Years Male 100m	11.43	Kyle Grubnic	Illawarra	2011
108	14 Years Female Javelin	32.26m	Kirra Bennett-Smith	Wollondilly	2017
109	14 Years Male Javelin	38.30m	Zachary Kapplar	Broughton	2011
110	16 Years Male Shot Put	13.62m	J. Newport		2002
111	16 Years Female Discus	36.77m	Marie-Louise Meier-Kepavale	Wollondilly	2015
112	18+ Years Male Discus	36.03m	Angus Harrold	Penrith	2018
113	17 Years Female High Jump	1.54m	Laura Perich	Macarthur	2016
114	12 Years Female 400m	1:09.51	Alicia Webb	Broughton	2023
115	13 Years Female 400m	1:02.20	Stephanie Hunt	St Lukes	2004
116	14 Years Female 400m	59.34	Evita Dickson	St Lukes	2017
117	15 Years Female 400m	1:01.22	Jessica Quilter-Jones	Illawarra	2019
118	16 Years Female 400m	1:01.28	Bessie Platt	Macarthur	2013
119	17 Years Female 400m	1:01.82	Loen Sevastos	Illawarra	2023
120	18+ Years Female 400m	1:01.60	Jessica Quilter-Jones	Illawarra	2022
121	16 Years Male Javelin	41.69m	Thomas Noakes	Macarthur	2019
122	18+ Female Shot Put	10.47m	Marie-Louise Meier-Kepavale	Wollondilly	2017
123	17 Years Male Shot Put	14.21m	J. Newport		2003
124	15 Years Female Discus	28.75m	Katherine Whiteside	Penrith	2007
125	14 Years Male High Jump	1.75m	Samuel Rodgers	Penrith	2002
126	14 Years Female Long Jump	4.86m	Caitlin Heeps	Penrith	2008
127	18+ Years Male Long Jump	6.36m	Kyle Grubnic	Illawarra	2011
128	16 Years Female Javelin	35.03m	Kirra Bennett-Smith	Wollondilly	2019
129	13 Years Male Shot Put	12.07m	S. Meafua	Broughton	2010

Event no.	Event	Time/ Distance	Name	School	Year
130	14 Years Male Discus	36.80m	James Belcher	Illawarra	2008
131	13 Years Female High Jump	1.58m	Elyse Glynn	Macarthur	2005
132	17 Years Girls Long Jump	5.09m	Sophie Leong	St Lukes	2006
133	16 Years Male Long Jump	6.42m	Samuel Rodgers	Penrith	2004
134	12 Years Male 400m	1:06.18	Noah Towill	Illawarra	2019
135	13 Years Male 400m	59.03	James Kermond	Georges River	2008
136	14 Years Male 400m	53.61	James Kermond	Georges River	2010
137	15 Years Male 400m	50.53	James Kermond	Georges River	2011
138	16 Years Male 400m	53.89	Christopher Logozzo	Thomas Hassall	2019
139	17 Years Male 400m	51.76	James Kermond	Georges River	2013
140	18+ Years Male 400m	51.83	Zack Vassallo	Penrith	2019
141	Female 14&U 4 x 100m Junior Relay	53.46	P Schafer, E Ogunsiji, A Davidson, C Heeps	Penrith	2008
142	Female 15+ 4 x 100m Senior Relay	52.13	D Hutt, A Lavallo, E Martin, M Negus	Illawarra	2013
143	Male 14&U 4 x 100m Junior Relay	50.42	No names recorded	St Lukes	2023
144	Male 15+ 4 x 100m Senior Relay	46.04	R Holbeck, L Roberts, A Pearce, T Markou	Macarthur	2015