



**CASA Junior School
1st Annual Athletics Carnival
2024**



Program

Campbelltown Athletics Field, Leumeah

Thursday 8 August, 2024

1. COMPETING SCHOOLS (Lane Draw)

1. Broughton Anglican College (BAC)
2. Thomas Hassall Anglican College (THAC)
3. Wollondilly Anglican College (WAC)
4. Georges River Grammar School (GRG)
5. St. Lukes Grammar School (STL)
6. Macarthur Anglican School (MAS)
7. Penrith Anglican College (PAC)
8. The Illawarra Grammar School (TIGS)

2. JOB ALLOCATION

Carnival Organisers:	Adrian Deck (TIGS)
CASA Team Selectors:	Adrian Deck (TIGS)
Presenter/Announcer:	PAC
Starter:	Athletics NSW
Check Starter:	BAC
Track Referee:	Athletics NSW
Finish Line Assistant:	GRG & 1 x GRG Senior Student
Field Referee:	Athletics NSW
Head Marshall:	MAS & STL
Trackside Recording:	TIGS & THAC
Ribbons:	GRG Senior Students <ul style="list-style-type: none">○ After 800m and 1500m Finals.○ After 100m & 200m timed finals
Photo Finish:	Campbelltown Athletics
Data Entry:	Cherry Smith & TIGS
General Supervision:	WAC
Relays: Change 1	GRG
Change 2	THAC
Change 3	BAC
Field Referee:	Athletics NSW
High Jump (Girls):	1. Campbelltown Athletics 2. (Two GRG Senior Students)
High Jump (Boys):	1. Campbelltown Athletics 2. (Two GRG Senior Students)

Shot Put (Girls):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Shot Put (Boys):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Long Jump (Girls):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Long Jump (Boys):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Discus (Girls):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Discus (Boys):	1. Campbelltown Athletics
	2. (Two GRG Senior Students)
Results Sheets:	1. (Two GRG Senior Students)

3. TIMES

8.30am	Warm up
8.45am	Officials and Team Managers Meeting.
8.50am	Clear Track
8.55am	Welcome & Prayer
9.00am	First Events
2:30pm	Last Event Concludes
3:00pm	Depart

4. AGES

A child will compete in the age group for which he or she is turning in this calendar year.

Grade 2 children turning 8 this year are eligible to compete at the CASA Carnival. They are also eligible for team selection and can compete at the CIS carnival.

5. JUDGES

All Judges' decisions will be final.

6. NUMBER OF COMPETITORS

- 2 in 800m (Jnr, 11, 12+)
- 3 in 200m (Jnr, 11, 12+)
- 3 in 100m (8, 9)
- 4 in 100m (10, 11, 12+)
- 2 in Field Events (Jnr, 11, 12)
- 1 in Relays (Jnr, Snr)

7. SPIKES

Spikes may be worn in all events except the 800m, Shot Put and Discus. These must be carried to and from the marshalling area. Please remove these at the end of each event. The maximum allowable spike length on the track is 7mm. Bare feet are not allowed. Athletes using spikes in sprint events must use starting blocks.

8. RELAYS

When called, each team manager is required to bring all relay teams to the marshalling area (the middle of the oval). They will be sent to the appropriate position from here. All relays are circular. FOLLOWING THE BATON CHANGE RUNNERS MUST REMAIN IN THEIR LANE UNTIL DIRECTED TO CLEAR THE TRACK BY THE RELAY CHANGE JUDGES.

9. 800m

Heats 1 and 2 will be combined – Lane start (staggered), therefore faster runner will be in front of slower runner in lane. There will be allowance for a crossover to the inside lane at a designated point.

10. POINTS:

	1st	2nd	3rd	4th	5th	6th	7th	8th	9 th	10 th
Track Events	20	17	14	12	10	8	6	4	2	1
Relays	40	34	28	24	20	16	12	8	4	2
Field Events	20	17	14	12	10	8	6	4	2	1

All competitors after 10th place will score 1 point.

11. RIBBONS

First, Second and Third placed competitors will be awarded ribbons in all events based on times and distances.

12. SEATING ARRANGEMENTS

Seating is only available for competitors. Parents will need to find other seating arrangements.

13. RUNNING EACH HEAT

- a) Runners will be called to the marshalling area three times.
- b) The marshalling area will change throughout the delay. Please ensure children listen to announcements so that they know where to marshal. See diagram at end of program for a guide.
- c) On arrival at the marshalling area, children will be placed in their heat lines. The marshals will have a copy of the program with runner's names and numbers included.
- d) The use of starting blocks is compulsory for athletes wearing spikes in the 100m and 200m events. Blocks are optional for athletes with 'flat' shoes.
- e) Runners will SIT in race groups until the starter calls them to the race starting position. At that time runners will stand behind the starting line.

For 100m, 200m and relays the call will be:

"TAKE YOUR MARK" – "SET" – GUN

For the 800m the call will be:

"Take Your Mark" – GUN

- f) On completion of the race, runners MUST remain in their lanes until the Finish Line Officials issues instructions. Failure to do so may result in disqualification.
- g) Having received instructions from the Finish Line Officials the runners return to the grandstand. Top 3 placegetters will be announced following all heats and will be presented with ribbons at the finish line.

14. EVENT CHANGES

- a) For 100m, 200m and 800m all changes must be given to the recording room by the Team Manager no less than 60 mins prior to the event.
- b) For all other events, the Team Manager must accompany the replacement athlete to inform the marshals of the change, who will then inform the judge and recording desk.

15. FIRST AID

A trained First Aid Official is providing first aid. There is an area behind the recorder's tent from which they will operate.

16. PARKING

There are a number of spaces available:

- Pembroke Road Car Park, adjacent to Wests Leagues Club which can be accessed via Old Leumeah Road.
- Leumeah Station P1 & Leumeah Station P2 are accessed via Airds Road & Plough Inn Road.
- All three car parks have allocated disabled parking.
- Click on the link for more information. <https://www.parkopedia.com.au>
- Leumeah Station – P2 – Car Park.
- There is strictly no parking available inside the Stadia for any teachers, parents or students, unless organised with venue staff.
- Entry into the Stadium/Athletics Centre is ONLY via Pembroke Road.
- To ensure the safety of the students, teachers, parents & staff the pedestrian gate near the tennis courts will NOT be open.

17. FIELD EVENTS

All competitors are required to stay in designated areas at field events unless participating in a track event, when they will register with the field event official and make their way sensibly and directly to the marshalling area for the track event. This is of paramount importance for safety. For location of event refer to the diagram at the end of the program. Ribbons will be distributed at the completion of the event by the relevant field official.

Shot Put: Junior (2 kg), 11 years (2 kg), 12/13 years (3 kg)

Discus: Junior (500gms), 11 years (750gms), 12/13 years (750gms)

18. HIGH JUMP

Check the program for starting heights (S.H.) for each age division. Rounds will progress in 5cm increments until there are three (3) or less competitors remaining, at which point, rounds will progress by 3cm increments.

Starting heights:

Junior: 0.95m

11yrs: 1.00m

12yrs: 1.05m

19. STARTING BLOCKS:

If a competitor wishes to use starting blocks, they must use the starting blocks provided by the Campbelltown Athletics Association.

20. CASA TEAM:

The best 3 athletes in each event, except the 800m which will only be 2, and the 1500m, which will only be 1, will gain automatic selection into the CASA Team to compete at the CIS Carnival. This includes School-based relay squads.

TRACK TIME	EVENT NUMBER	EVENT
9.05	1	Jnr Girls 800m
9.12	2	Jnr Boys 800m
9.19	3	11yrs Girls 800m
9.26	4	11yrs Boys 800m
9.33	5	12yrs+ Girls 800m
9.40	6	12yrs+ Boys 800m
10.00	7	8yrs Girls 100m Timed Finals
	8	8yrs Boys 100m Timed Finals
10.15	9	9yrs Girls 100m Timed Finals
	10	9yrs Boys 100m Timed Finals
10.35	11	10yrs Girls 100m Timed Finals
		10yrs Boys 100m Timed Finals
10.55	13	11yrs Girls 100m Timed Finals
	14	11yrs Boys 100m Timed Finals
11.15	15	12yrs Girls 100m Timed Finals
	16	12yrs Boys 100m Timed Finals
	17	13yrs Girls 100m Timed Final
	18	13yrs Boys 100m Timed Final
11:45		Presentation of 100m Ribbons
12.00		Lunch Break for Officials
12.20	19	Jnr Girls 200m Timed Finals
	20	Jnr Boys 200m Timed Finals
12.35	21	11yrs Girls 200m Timed Finals
	22	11yrs Boys 200m Timed Finals
12.45	23	12yrs+ Girls 200m Timed Finals
	24	12yrs+ Boys 200m Timed Finals
1.15		Presentation of 200m Ribbons
1.30	25	Jnr Girls A 4x100m Relay
1.35	26	Jnr Boys A 4x100m Relay
1.40	27	Snr Girls A 4x100m Relay
1.45	28	Snr Boys A 4x100m Relay
1:50	29	Girls 1500m Invitational
2:05	30	Boys 1500m Invitational

ORDER OF FIELD EVENTS

TIME	EVENT NUMBER	EVENT
9.00	31	Jnr Girls Long Jump
	32	Jnr Boys Long Jump
	33	12yrs+ Girls Shot Put (3kg)
	34	12yrs+ Boys Shot Put (3kg)
9.35	35	11yrs Girls High Jump (S.H. - 1.00m)
	36	11yrs Boys High Jump (S.H. - 1.05m)
	37	Jnr Girls Discus (500g)
	38	Jnr Boys Discus (500g)
10.15	39	11yrs Girls Long Jump
	40	11yrs Boys Long Jump
	41	Jnr Girls Shot Put (2kg)
	42	Jnr Boys Shot Put (2kg)
10.50	43	12yrs+ Girls High Jump (S.H. - 1.05m)
	44	12yrs+ Boys High Jump (S.H. - 1.10m)
	45	11yrs Girls Discus (750g)
	46	11yrs Boys Discus (750g)
11:35	47	12yrs+ Girls Long Jump
	48	12yrs+ Boys Long Jump
	49	11yrs Girls Shot Put (2kg)
	50	11yrs Boys Shot Put (2kg)
12.30	51	Jnr Girls High Jump (S.H. - 0.95m)
	52	Jnr Boys High Jump (S.H. - 0.95m)
	53	12yrs+ Girls Discus (750g)
	54	12yrs+ Boys Discus (750g)
2.25		Completion of all events <ul style="list-style-type: none"> o Collate final scores o Clean school areas
3.00		Depart Campbelltown Athletic Field

CASA ATHLETICS RECORDS (2003 – 2023)

Event no.	Event	Time/ Distance	Name	School	Year
1	Junior Female 800m	2:51.62	Matilda Offord	Macarthur Anglican School	2009
2	Junior Male 800m	2:35.82	Joel Offord	Macarthur Anglican School	2015
3	11 Years Female 800m	2:39.33	Catriona Henderson	St Luke's Grammar School	2013
4	11 Years Male 800m	2:25.91	Thomas Partland	The Illawarra Grammar School	2019
5	Senior Female 800m	2:35.51	Matilda Offord	Macarthur Anglican School	2011
6	Senior Male 800m	2:26.31	Regan Boyle	Wollondilly Anglican College	2013
7	8 Years Female 100 metres	15.77	Ella Sweeney	Penrith Anglican College	2013
8	8 Years Male 100 metres	15.12	Justin Keightley	Penrith Anglican College	2007
9	9 Years Female 100 metres	15.40	Caroline Psarris	Macarthur Anglican School	2015
10	9 Years Male 100 metres	14.60	Andrew Hughes	Broughton Anglican School	2007
11	10 Years Female 100 metres	14.15	Ashley Dribbus	The Illawarra Grammar School	2011
12	10 Years Male 100 metres	13.77	Lachlan Roberts	Macarthur Anglican College	2007
13	11 Years Female 100 metres	13.85	Ella Sweeney	Penrith Anglican College	2016
14	11 Years Male 100 metres	13.66	Andrew Huckstadt	Penrith Anglican College	2011
15	12 Years Female 100 metres	13.10	Ella Sweeney	Penrith Anglican College	2017
16	12 Years Male 100 metres	13.15	Reagan Boyle	Wollondilly Anglican College	2013
17	13 years Female 100 metres	14.38	Victoria Summerhill	The Illawarra Grammar School	2016
18	13 years Male 100 metres	14.95	Dylan Bremner	Macarthur Anglican School	2005
19	Junior Female 200 metres	30.21	Ashley Dribbus	The Illawarra Grammar School	2011
20	Junior Male 200 metres	30.10	Christian Vujic	The Illawarra Grammar School	2016
21	11 Years Female 200 metres	30.13	Ella Sweeney	Penrith Anglican College	2016
22	11 Years Male 200 metres	29.11	Miles Harrold	Penrith Anglican College	2013
23	Senior Female 200 metres	27.36	Stephanie Hunt	St Luke's Grammar School	2003
24	Senior Male 200 metres	27.78	Richard Stewart	Penrith Anglican College	2011
25	Junior Female 4 x 100m Relay	1:02.46	A.Harvey, M Kirk, R Hansen, E. Perring	Penrith Anglican College	2009
26	Junior Male 4 x 100m Relay	1:00.22	M.Harrold, H.Stratford, M.Massignani, P.Gigliotti	Penrith Anglican College	2012
27	Senior Female 4 x 100m Relay	58:37	E.Sweeney, M.McIntosh, B. McPherson, C. Blaikie	Penrith Anglican College	2016
28	Senior Male 4 x 100m Relay	57.09	M.Self, T.Rosenthal, M.Harrold, Z. Vassallo	Penrith Anglican College	2013
	Opens Mixed 4 x 100m Relay Best of the Best	58.63		The Illawarra Grammar School	2016
29	Open Girls 1500m	6:10.19	Nataya Styner	St Luke's Grammar School	2023
30	Open Boys 1500m	5:14.09	James E	Broughton Anglican College	2023
31	Junior Female Long Jump	4.09m	Ella Sweeney	Penrith Anglican College	2015
32	Junior Male Long Jump	4.23m	Miles Harrold	Penrith Anglican College	2012
33	Senior Female Shot Put	10.10m	Azaniah Kaitlyn Afualo	St Luke's Grammar School	2019

34	Senior Male Shot Put	9.87m	Oliver Hinchliffe	Thomas Hassall Anglican College	2015
Event no.	Event	Time/Distance	Name	School	Year
35	11 Years Female High Jump	1.33m	Jamaya Wayne	The Illawarra Grammar School	2016
36	11 Years Male High Jump	1.47m	Hayden Perry	Penrith Anglican College	2010
37	Junior Female Discus	30.09m	Jamaya Wayne	The Illawarra Grammar School	2016
38	Junior Male Discus	27.27m	Hugh Harrold	Penrith Anglican College	2014
39	11 Years Female Long Jump	4.38m	Ella Sweeney	Penrith Anglican College	2016
40	11 Years Male Long Jump	4.73m	Miles Harrold	Penrith Anglican College	2013
41	Junior Female Shot Put	9.28m	Isabella Degei	Penrith Anglican College	2016
42	Junior Male Shot Put	8.84m	Aidan Coles	Thomas Hassall	2003
43	Senior Female High Jump	1.55m	Cheyannah Hall	Wollondilly Anglican College	2023
44	Senior Male High Jump	1.47m	Liam Wright	Macarthur Anglican School	2013
45	11 Years Female Discus	23.43m	Isabella Degei	Penrith Anglican College	2017
46	11 Years Male Discus	30.99.m	Angus Harrold	Penrith Anglican College	2011
47	Senior Female Long Jump	4.56m	Ella Sweeney	Penrith Anglican College	2017
48	Senior Male Long Jump	4.87m	Richard Stewart	Penrith Anglican College	2011
49	11 Years Female Shot Put	9.52m	Isabella Degei	Penrith Anglican College	2017
50	11 Years Male Shot Put	10.89m	Oliver Cook	Georges River Grammar School	2023
51	Junior Female High Jump	1.22m	Sara Byrne Sabella Whelan	Thomas Hassall Anglican Penrith Anglican College	2023 2023
52	Junior Male High Jump	1.33m	Theo Kidd	Penrith Anglican College	2013
53	Senior Female Discus	35.60m	Chelsy Wayne	The Illawarra Grammar School	2019
54	Senior Male Discus	42.77m	Angus Harrold	Penrith Anglican College	2012

Stadium Seating Plan

FIRST
AID

Announcers
Room

Recording
Room

Southern End
No. 2 Field
Events

Long Jump Pit:
2 – Close Side

TRACK

Long Jump Pit:
1 – Far Side

Northern End
No. 1 Field
Events
(GIRLS)

MAS
PAC
GRG
WAC
TIGS
BAC
SLG
THAC

Canteen

Girls
Bathroom

Tunnel

Boys
Bathroom

