



2024 SWIMMING CHAMPIONSHIPS

Sydney Olympic Park Aquatic Centre

Competing Schools

Broughton Anglican College
Georges River Grammar School
Macarthur Anglican School
Penrith Anglican College
St Luke's Grammar School
The Illawarra Grammar School
Thomas Hassall Anglican College
Wollondilly Anglican College

THE CASA PRAYER

Almighty God, Father of our Lord Jesus Christ,

You have given us health and strength.

You look at our hearts more than our
achievements.

Help us, in victory or defeat,

To compete with enthusiasm and fairness,

Striving to do our best,

Finishing with dignity and grace,

And honouring all who participate.

Amen

CARNIVAL RULES

- All races to be swum according to the rules of the N.S.W. Swimming Association
- Divisions: Junior – 12, 13 and 14 years
Intermediate – 15 and 16 years
Senior – 17 and 18 years
- All competitors must swim in their own age group determined by the age they turn in this calendar year
- Points will be awarded to individuals in each event in order to determine age champions
- Double points are awarded to schools for each relay race but individuals will not earn points for relays
- The school with the most points at the completion of all events will be the Overall Champion school
- In the case of a school being giving an additional entry in an event, the school will only receive points for the first placed athlete in the event. Where two heats are swum, points will be awarded to the first and second placed swimmer from each school
- All competitors are to remain in their allocated seating areas when not competing
- All competitors are to swim in the school/college swimming cap
- Rules to be observed shall be in accordance with the rules enforced by School Sport Australia. The Referee shall be the CASA Swimming Convenor or his/her nominee. In the case of a dispute, an appeal must be lodged with the referee within 15 minutes of the events completion by the school's team manager. The disputes committee will be made up of the referee and two neutral school sports coordinators along with a NSW Swimming official. The decision of this committee will be final.
- Any student missing an event will not be permitted to complete this event at a later time.

NOTES

- Competitors may participate in a warm up from 4pm-4:20pm
- Warm up lanes for each school will be the same as their competition lane
- First event will be 4.30pm
- Only the 50-metre freestyle event will have more than 1 heat
- Ribbons will only be awarded for first second and third place overall in the event

CASA Representative Squad

- Students will be selected for the CASA Swimming Squad based on their times at the CASA Carnival.
- For events not completed at the CASA Swimming Carnival (200 Freestyle and 200 Individual Medley) times must have been submitted via the School Sport Coordinator before Monday 4 March 2024. Submitted times must be from an official long course meet completed after 1 October 2023. Times must be verified on Swimming Australia, Results Central. Submitted times that do not meet these conditions will not be considered.
- Three competitors will be selected per event
- Three school-based relay teams will be selected per event
- Students will be selected for events based on their age group in this calendar year
- Students competing at the CASA Carnival who do NOT wish to be considered for selection into the CASA representative squad must notify their schools Director of Sport
- On arrival at the AICES Carnival students need to report to CASA's designated area. You can collect your swimming cap at this point in time. Each student should see their school sport coordinator to collect a CASA Polo Shirt that they will wear to the AICES Carnival
- Any further queries regarding the CASA representative team should be directed through the school sport coordinator to James Brennan of Broughton Anglican College (CASA Swimming Convenor)

Event No	Event Name	Event No	Event Name
1	300m F/S 12-17+ Relay Girls	50	Boys 14 Year 50 Backstroke
2	300m F/S 12-17+ Relay Boys	51	Girls 15 Year 50 Backstroke
3	Girls 12 Year 50 Freestyle 1	52	Boys 15 Year 50 Backstroke
4	Girls 12 Year 50 Freestyle 2	53	Girls 16 Year 50 Backstroke
5	Boys 12 Year 50 Freestyle 1	54	Boys 16 Year 50 Backstroke
6	Boys 12 Year 50 Freestyle 2	55	Girls 17 Year 50 Backstroke
7	Girls 13 Year 50 Freestyle 1	56	Boys 17 Year 50 Backstroke
8	Girls 13 Year 50 Freestyle 2	57	Girls 18 Year 50 Backstroke
9	Boys 13 Year 50 Freestyle 1	58	Boys 18 Year 50 Backstroke
10	Boys 13 Year 50 Freestyle 2	59	Girls 12 Year 100 Freestyle
11	Girls 14 Year 50 Freestyle 1	60	Boys 12 Year 100 Freestyle
12	Girls 14 Year 50 Freestyle 2	61	Girls 13 Year 100 Freestyle
13	Boys 14 Year 50 Freestyle 1	62	Boys 13 Year 100 Freestyle
14	Boys 14 Year 50 Freestyle 2	63	Girls 14 Year 100 Freestyle
15	Girls 15 Year 50 Freestyle 1	64	Boys 14 Year 100 Freestyle
16	Girls 15 Year 50 Freestyle 2	65	Girls 15 Year 100 Freestyle
17	Boys 15 Year 50 Freestyle 1	66	Boys 15 Year 100 Freestyle
18	Boys 15 Year 50 Freestyle 2	67	Girls 16 Year 100 Freestyle
19	Girls 16 Year 50 Freestyle 1	68	Boys 16 Year 100 Freestyle
20	Girls 16 Year 50 Freestyle 2	69	Girls 17 Year 100 Freestyle
21	Boys 16 Year 50 Freestyle 1	70	Boys 17 Year 100 Freestyle
22	Boys 16 Year 50 Freestyle 2	71	Girls 18 Year 100 Freestyle
23	Girls 17 Year 50 Freestyle 1	72	Boys 18 Year 100 Freestyle
24	Girls 17 Year 50 Freestyle 2	73	Girls 12 Year 50 Butterfly
25	Boys 17 Year 50 Freestyle 1	74	Boys 12 Year 50 Butterfly
26	Boys 17 Year 50 Freestyle 2	75	Girls 13 Year 50 Butterfly
27	Girls 18 Year 50 Freestyle 1	76	Boys 13 Year 50 Butterfly
28	Girls 18 Year 50 Freestyle 2	77	Girls 14 Year 50 Butterfly
29	Boys 18 Year 50 Freestyle 1	78	Boys 14 Year 50 Butterfly
30	Boys 18 Year 50 Freestyle 2	79	Girls 15 Year 50 Butterfly
31	Girls 12 Year 50 Breaststroke	80	Boys 15 Year 50 Butterfly
32	Boys 12 Year 50 Breaststroke	81	Girls 16 Year 50 Butterfly
33	Girls 13 Year 50 Breaststroke	82	Boys 16 Year 50 Butterfly
34	Boys 13 Year 50 Breaststroke	83	Girls 17 Year 50 Butterfly
35	Girls 14 Year 50 Breaststroke	84	Boys 17 Year 50 Butterfly
36	Boys 14 Year 50 Breaststroke	85	Girls 18 Year 50 Butterfly
37	Girls 15 Year 50 Breaststroke	86	Boys 18 Year 50 Butterfly
38	Boys 15 Year 50 Breaststroke	87	Girls 14 and under 200 F/S Relay
39	Girls 16 Year 50 Breaststroke	88	Boys 14 and under 200 F/S Relay
40	Boys 16 Year 50 Breaststroke	89	Girls 16 and under 200 F/S Relay
41	Girls 17 Year 50 Breaststroke	90	Boys 16 and under 200 F/S Relay
42	Boys 17 Year 50 Breaststroke	91	Girls 17 and over 200 F/S Relay
43	Girls 18 Year 50 Breaststroke	92	Boys 17 and over 200 F/S Relay
44	Boys 18 Year 50 Breaststroke	93	Girls 14 and under 200 Medley Relay
45	Girls 12 Year 50 Backstroke	94	Boys 14 and under 200 Medley Relay
46	Boys 12 Year 50 Backstroke	95	Girls 16 and under 200 Medley Relay
47	Girls 13 Year 50 Backstroke	96	Boys 16 and under 200 Medley Relay
48	Boys 13 Year 50 Backstroke	97	Girls 17 and over 200 Medley Relay
49	Girls 14 Year 50 Backstroke	98	Boys 17 and over 200 Medley Relay

Seating Plan

MAS	WAC	GRG	PAC
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Announcer/Recording Room

ENTRY BRIDGE	
0	
1	MAS
2	WAC
3	GRG
4	PAC
5	THAC
6	BAC
7	TIGS
8	SLG
9	

THAC	BAC	TIGS	SLG	Marshalling Area (downstairs)
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CASA Records

Event #	Event	Time	Year	Name	School
1	Girls 6 x 50 Relay	3:03.30	2019	Penrith Anglican College	PAC
2	Boys 6 x 50 Relay	2:52.62	2022	St Luke's Grammar School	SLGS
3	12 Girls 50 Free	29.56	2021	Denise Grabe	WAC
4	12 Boys 50 Free	30.61	2013	Evan Saab	GRG
5	13 Girls 50 Free	28.32	2023	Heidi Jones	WAC
6	13 Boys 50 Free	27.77	2017	Omar Matar	TIGS
7	14 Girls 50 Free	28.50	2023	Denise Grabe	WAC
8	14 Boys 50 Free	26.71	2022	Luke Higgs	SLGS
9	15 Girls 50 Free	28.09	2020	Jaimie De Lutiis	TIGS
10	15 Boys 50 Free	25.94	2021	Cooper Smith	THAC
11	16 Girls 50 Free	27.09	2010	Emma McKeon	TIGS
12	16 Boys 50 Free	24.71	2022	Joshua Kerr	SLGS
13	17 Girls 50 Free	27.24	2022	Jaimie De Lutiis	TIGS
14	17 Boys 50 Free	24.44	2023	Joshua Kerr	SLGS
15	18+ Girls 50 Free	26.98	2019	Georgina Seton	MAS
16	18+ Boys 50 Free	24.65	2017	Ethan Dorrian-Nancarrow	TIGS
17	12 Girls 50 Breast	39.12	2021	Aria Furlong	SLGS
18	12 Boys 50 Breast	41.11	2013	Evan Saab	GRG
19	13 Girls 50 Breast	37.17	2014	Georgina Seton	MAS
20	13 Boys 50 Breast	36.84	2020	Boris Mihaylov	BAC
21	14 Girls 50 Breast	35.04	2015	Georgina Seton	MAS
22	14 Boys 50 Breast	34.53	2019	Matthew Vongprachanh	THAC
23	15 Girls 50 Breast	35.20	2019	Abbie Renshaw	BAC
24	15 Boys 50 Breast	32.70	2016	Daniel Tupper	PAC
25	16 Girls 50 Breast	34.65	2007	Jessie Bullen	GRG
26	16 Boys 50 Breast	31.41	2022	Joshua Kerr	SLGS
27	17 Girls 50 Breast	34.80	2008	Jessie Bullen	GRG
28	17 Boys 50 Breast	31.61	2023	Joshua Kerr	SLGS
29	18+ Girls 50 Breast	33.68	2019	Georgina Seton	MAS
30	18+ Boys 50 Breast	31.34	2021	Tanakit Phaopin	MAS
31	12 Girls 50 Back	36.19	2021	Denise Grabe	WAC
32	12 Boys 50 Back	36.15	2012	Evan Saab	GRG
33	13 Girls 50 Back	34.36	2016	Taylor Heiniger	SLGS
34	13 Boys 50 Back	33.68	2014	Alan Paradzik	BAC
35	14 Girls 50 Back	32.74	2018	Charlotte Forti	PAC
36	14 Boys 50 Back	30.99	2015	Alan Paradzik	BAC
37	15 Girls 50 Back	32.23	2016	Georgina Seton	MAS
38	15 Boys 50 Back	29.88	2016	Alan Paradzik	BAC
39	16 Girls 50 Back	32.41	2017	Georgina Seton	MAS
40	16 Boys 50 Back	28.68	2022	Joshua Kerr	SLGS
41	17 Girls 50 Back	31.45	2022	Jaimie De Lutiis	TIGS

42	17 Boys 50 Back	28.10	2023	Joshua Kerr	SLGS
43	18+ Girls 50 Back	30.88	2019	Georgina Seton	MAS
44	18+ Boys 50 Back	28.06	2021	Tanakit Phaopin	MAS
45	12 Girls 100 Free	1:05.33	2021	Denise Grabe	WAC
46	12 Boys 100 Free	1:08.17	2020	Luke Ghanem	GRG
47	13 Girls 100 Free	1:01.80	2007	Emma McKeon	TIGS
48	13 Boys 100 Free	1:01.59	2017	Omar Matar	TIGS
49	14 Girls 100 Free	1:02.03	2023	Denise Grabe	WAC
50	14 Boys 100 Free	57.79	2022	Luke Higgs	SLGS
51	15 Girls 100 Free	59.96	2020	Jaimie De Lutiis	TIGS
52	15 Boys 100 Free	56.85	2016	Alan Paradzik	BAC
53	16 Girls 100 Free	59.91	2021	Jaimie De Lutiis	TIGS
54	16 Boys 100 Free	53.98	2022	Matthew Harris	SLGS
55	17 Girls 100 Free	59.02	2022	Jaimie De Lutiis	TIGS
56	17 Boys 100 Free	53.81	2023	Joshua Kerr	SLGS
57	18+ Girls 100 Free	58.35	2023	Jaimie De Lutiis	TIGS
58	18+ Boys 100 Free	53.83	2010	David McKeon	TIGS
59	12 Girls 50 Fly	32.13	2022	Heidi Jones	WAC
60	12 Boys 50 Fly	33.54	2020	Luke Ghanem	GRG
61	13 Girls 50 Fly	30.56	2007	Emma McKeon	TIGS
62	13 Boys 50 Fly	30.55	2017	Omar Matar	TIGS
63	14 Girls 50 Fly	29.91	2008	Emma McKeon	TIGS
64	14 Boys 50 Fly	29.65	2015	Alan Paradzik	BAC
65	15 Girls 50 Fly	30.00	2009	Emma McKeon	TIGS
66	15 Boys 50 Fly	27.77	2010	Nicholas Robertson	SLGS
67	16 Girls 50 Fly	29.93	2010	Emma McKeon	TIGS
68	16 Boys 50 Fly	26.66	2019	Tanakit Phaopin	MAS
69	17 Girls 50 Fly	29.59	2008	Jessie Bullen	GRG
70	17 Boys 50 Fly	26.47	2023	Joshua Kerr	SLGS
71	18+ Girls 50 Fly	28.97	2023	Jaimie De Lutiis	TIGS
72	18+ Boys 50 Fly	26.31	2021	Tanakit Phaopin	MAS
73	Girls 12-14 4x50 Free Relay	2:02.07	2019	The Illawarra Grammar School	TIGS
74	Boys 12-14 4x50 Free Relay	1:54.12	2020	St Luke's Grammar School	SLGS
75	Girls 15-16 4x50 Free Relay	1:58.25	2023	St Luke's Grammar Schools	SLGS
76	Boys 15-16 4x50 Free Relay	1:41.57	2022	St Luke's Grammar School	SLGS
77	Girls 17+ 4x50 Free Relay	1:58.06	2023	The Illawarra Grammar School	TIGS
78	Boys 17+ 4x50 Free Relay	1:41.63	2023	St Luke's Grammar School	SLGS
79	Girls 12-14 4x50 Medley Relay	2:19.91	2019	The Illawarra Grammar School	TIGS
80	Boys 12-14 4x50 Medley Relay	2:11.40	2020	St Luke's Grammar School	SLGS
81	Girls 15-16 4x50 Medley Relay	2:13.64	2021	The Illawarra Grammar School	TIGS
82	Boys 15-16 4x50 Medley Relay	1:54.44	2022	St Luke's Grammar School	SLGS
83	Girls 17+ 4x50 Medley Relay	2:11.40	2023	The Illawarra Grammar School	TIGS
84	Boys 17+ 4x50 Medley Relay	1:55.71	2023	St Luke's Grammar School	SLGS