



# **2025 SWIMMING CHAMPIONSHIPS**

## **Monday 24th February 2025**

**Sydney Olympic Park Aquatic Centre**

### **Competing Schools**

**Broughton Anglican College  
Georges River Grammar School  
Macarthur Anglican School  
Penrith Anglican College  
St Luke's Grammar School  
The Illawarra Grammar School  
Thomas Hassall Anglican College  
Wollondilly Anglican College**



## THE CASA PRAYER

Almighty God, Father of our Lord Jesus Christ,

You have given us health and strength.

You look at our hearts more than our  
achievements.

Help us, in victory or defeat,

To compete with enthusiasm and fairness,

Striving to do our best,

Finishing with dignity and grace,

And honouring all who participate.

Amen

# CASA JUNIOR SWIMMING RULES

## 1. Judges

All Judges' decisions will be final.

## 2. Entries

- (a) Child's age is that which they attain by or on 31<sup>st</sup> December in the calendar year of the competition.
- (b) Where more than 1 competitor may enter an event, the strongest swimmer must compete as the  
A swimmer  
C – 3<sup>rd</sup> place from school carnival  
B – 2<sup>nd</sup> place from school carnival  
A – 1<sup>st</sup> place from school carnival
- (c) Open Events - Any age may compete in Open events.
- (d) Junior - 10 years and under  
Senior - 11 years and over  
Students must compete in the one category only.
- (e) Competitors must be currently enrolled and attending a CASA school in Year 2-6

## 3. Restrictions on Entrants

There are no restrictions on the number of events a competitor may enter.

## 4. Marshalling

- (a) All swimmers in an event **MUST** be in the marshalling area prior to the first heat being conducted.
- (b) Competitors must wear their school swimming cap.
- (c) Parents, coaches and unauthorised persons are not allowed in the Marshalling area or on pool deck. Once competitors are in the hands of the marshalling, they shall receive no coaching.

## 5. Starting

- (a) Whistle to stand on back of block.
- (b) Take your mark.
- (c) Electronic beep.

## 6. Place Getters

- (a) Place-getters will be determined by the Electronic Scoreboard. Judges will need to let Scoreboard operators know of any disqualification.
- (b) All competitors must remain in the pool until told to leave by the Chief Judge.
- (c) First three place-getters of each event will receive a place ribbon.

9. Points Score	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
Individual	20	18	16	14	12	10	8	7	6	5	4	3
Relays	40	36	32	28	24	20	16	14				

## 10. Lane Draw

Where possible schools are rotated annually with lanes to be allocated when coordinator is preparing the program.

**11. Relays**

- (a) Will all be conducted over 50 metres per individual.
- (b) Age relays - 4 x 50m
- (c) Best of the Best - best 8/9, best 10, best 11, best 12/13

**12. Referee**

Rules to be observed shall be in accordance with the International Body except where stated otherwise. The referee shall be the sole arbiter in points under dispute. The referee shall be the CASA Swimming Convenor or his/her nominee.

**13. Protests**

Protests shall be dealt with by the Disputes Committee consisting of CASA Swimming Convenor, Referee (if a delegate is appointed by the CASA Swimming Convenor), a NSW Swimming Official and one other Sport Coordinator or his/her nominee. No protest shall be considered unless lodged in writing by the Team Manager (who must be a teacher) with the committee within 15 minutes of the conclusion of the event.

**14. Timing**

Electronic timing and touch pads will be used. Each lane will be timed, times can be checked on the electronic scoreboard.

**15. Winner**

The winner of any event is the person whom the judge agrees touched the wall first without being disqualified.

**16. CIS Qualifications**

The top three fastest qualifiers for each event will qualify for CASA representation at the CIS Carnival on Wednesday 27 March. The next two fastest are reserve for each event and will be notified if they qualify.

**If an athlete does qualify for more than one event and pulls out of an event on the day CIS will fine the athlete \$20 (CASA will not cover this fee).**

**If an athlete pulls out of an event – notification must be given to the team manager at least 24 hours before the CIS Carnival.**

ORDER OF EVENTS AND RECORDS

Event	Name	Time	School	Year
Opens Mixed 4x50m Relay Best of the Best	B.Paradine, S.House, C.Patterson- Roberts, L.Higgs	2:21.38	St Luke's Grammar School	2020
Junior Female 50m Backstroke	Jana Massingham	41.18	Broughton Anglican College	2010
11 Years Female 50m Backstroke	Jana Massingham	37.72	Broughton Anglican College	2011
Senior Female 50m Backstroke	Aria Bacic-Johnston	35.83	The Illawarra Grammar School	2015
Junior Male 50m Backstroke	Blake Szumski	39.21	Broughton Anglican College	2003
11 Years Male 50m Backstroke	Blake Szumski	37.35	Broughton Anglican College	2004
Senior Male 50m Backstroke	Matthew Galea	35.80	Penrith Anglican College	2013
8 Years Female 50m Freestyle	Aria Bacic-Johnston	41.87	The Illawarra Grammar School	2011
9 Years Female 50m Freestyle	Alexandra Hall	37.01	Penrith Anglican College	2020
10 Years Female 50m Freestyle	Emma McKeon	33.22	The Illawarra Grammar School	2004
11 Years Female 50m Freestyle	Denise Grabe	31.05	Broughton Anglican College	2020
12 Years Female 50m Freestyle	Emma McKeon	29.54	The Illawarra Grammar School	2006
8 Years Male 50m Freestyle	Joshua Simat	39.42	Macarthur Anglican School	2005
9 Years Male 50m Freestyle	Travis Smith	35.34	Thomas Hassall Anglican College	2014
10 Years Male 50m Freestyle	Matthew Galea	32.06	Penrith Anglican College	2011
11 Years Male 50m Freestyle	Blake Szumski	30.63	Broughton Anglican College	2004
12 Years Male 50m Freestyle	Matthew Galea	29.42	Penrith Anglican College	2013
Junior Female 50m Breast-stroke	Elise Gaskell	47.65	St Paul's Choir School	2006
11 Years Female 50m Breast-stroke	Charlie McGrath	42.26	St Luke's Grammar School	2009
Senior Female 50m Breast-stroke	Mallory Downs	40.54	Broughton Anglican College	2004
Junior Male 50m Breast-stroke	Matthew Galea	43.10	Penrith Anglican College	2011
11 Years Male 50m Breast-stroke	Matt Nolan	42.87	St Luke's Grammar School	2003
Senior Male 50m Breast-stroke	Hugo Mackenzie-Wood	39.72	The Illawarra Grammar School	2011
Junior Female 100m Freestyle	Emma McKeon	1:18.61	The Illawarra Grammar School	2004
Junior Male 100m Freestyle	Matthew Galea	1:13.87	Penrith Anglican College	2011
11 Years Female 100m Freestyle	Denise Grabe	1:09.49	Broughton Anglican College	2020
11 Years Male 100m Freestyle	Blake Szumski	1:08.48	St Luke's Grammar School	2019
Senior Female 100m Freestyle	Emma McKeon	1:06.74	The Illawarra Grammar School	2006
Senior Male 100m Freestyle	Luke Higgs	1:05.15	St Luke's Grammar School	2020
Junior Female 50m Butterfly	Emma McKeon	39.65	The Illawarra Grammar School	2004
11 Years Female 50m Butterfly	Heidi Jones	34.82	Wollondilly Anglican College	2021
Senior Female 50m Butterfly	Jana Massingham	33.23	Broughton Anglican College	2012
Junior Male 50m Butterfly	Blake Szumski	35.94	Broughton Anglican College	2003
11 Years Male 50m Butterfly	Blake Szumski	34.63	Broughton Anglican College	2004
Senior Male 50m Butterfly	Matthew Galea	32.80	Penrith Anglican College	2013
Junior Female 4 x 50m Relay	G.Field, A.McAlister, O.Fawns, A.Doyle	2:39.70	Penrith Anglican College	2013
Junior Male 4 x 50m Relay	A.Grgurevic, T.Moledo, T.Smith, Z.Zamprogno	2:38.30	Thomas Hassall Anglican College	2013
Senior Female 4 x 50m Relay	O.Fawns, A.Bone, G.Field, A.McAlister	2:16.90	Penrith Anglican College	2015
Senior Male 4x50m Relay		1:59.39	The Illawarra Grammar School	2005

## Seating Plan

<b>MAS</b>	<b>WAC</b>	<b>GRG</b>	<b>PAC</b>
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Announcer/Recording Room

**ENTRY BRIDGE**

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1	MAS		
2	WAC		
3	GRG		
4	PAC		
5	THAC		
6	BAC		
7	TIGS		
8	SLG		
9			

<b>THAC</b>	<b>BAC</b>	<b>TIGS</b>	<b>SLG</b>	Marshalling Area (downstairs)
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