

2025 Secondary Athletics Championships

Date:Thursday 21 August 2025Start:8.30amVenue:Campbelltown Sports Ground Athletics CentrePembroke Rd, Leumeah

| 8.30am: | Meeting of Officials and Team Managers |
|-------------|--|
| First Call: | 8.45am |
| Last Event: | Relays 2.45pm |

General Information for Schools

• All persons are asked to keep the surrounds as clean as possible.

• Competitors must be seated near Team Managers and shall report all movement to their Manager. No students are to enter any other stadiums.

- Spectators are strictly prohibited in competition areas.
- There will be a canteen open throughout the day, operated by the Athletic Centre.

• Schools are responsible to ensure that their students know which event they are competing in.

• Age Divisions will be the age student turned in this calendar year (January – December).

- Students may compete in one age group only.
- Junior: 12, 13, 14; Senior: 15, 16, 17 & 18

• 1500m will be run in combined ages for 12 & 13 Years, 15 & 16 Years and 17 & 18 Years. 14 Years will be run in their own age group.

- Relays will be run in Junior and Senior divisions.
- A First Aider will be present on the day and will be located near the finish line.

PARKING

There are a number of spaces available:

- Pembroke Road Car Park, adjacent to Wests Leagues Club which can be accessed via Old Leumeah Road.
- Leumeah Station P1 & Leumeah Station P2 are accessed via Airds Road & Plough Inn Road.
- All three carparks have allocated disabled parking.

• Click on the link for more information. <u>https://www.parkopedia.com.au</u>_Leumeah Station – P2 – Car Park.

• There is strictly no parking available inside the Stadiam for any teachers, parents or students, unless organised with venue staff.

• Entry into the Stadium/Athletics Centre is ONLY via Pembroke Road.

To ensure the safety of the students, teachers, parents & staff the pedestrian gate near the tennis courts will **NOT** be open.

Points Score and Lanes

Points will be allocated based on the finishing position of athletes when the times for both heats are combined. Please note the distinction in points able to be scored.

| Place | Points allocated |
|------------------|------------------|
| 1 st | 20 |
| 2 nd | 17 |
| 3 rd | 15 |
| 4 th | 13 |
| 5 th | 12 |
| 6 th | 11 |
| 7 th | 10 |
| 8 th | 9 |
| 9 th | 8 |
| 10 th | 7 |
| 11 th | 6 |
| 12 th | 5 |
| 13 th | 4 |
| 14 th | 3 |
| 15 th | 2 |
| 16 th | 1 |

| Lane Draws | | | | | | |
|------------|------|--|--|--|--|--|
| 1 | THAC | | | | | |
| 2 | TIGS | | | | | |
| 3 | BAC | | | | | |
| 4 | SLG | | | | | |
| 5 | PAC | | | | | |
| 6 | GRG | | | | | |
| 7 | WAC | | | | | |
| 8 | MAS | | | | | |

<u>School Key</u>

| TIG4 | The Illawarra Grammar School | MAS4 | Macarthur Anglican School |
|------|---------------------------------|------|------------------------------|
| BAC4 | Broughton Anglican College | PAC4 | Penrith Anglican College |
| STL4 | St Luke's Grammar | GRG4 | Georges River Grammar School |
| THA4 | Thomas Hassall Anglican College | WAC4 | Wollondilly Anglican College |

Information for Competitors

^{1.} The championship will be conducted in seven (7) age groups: 12, 13, 14, 15, 16, 17 & 18+. Ages are based on age turned in current year. Competitors must compete in this age group for the entire carnival.

| | Junior | 12 – 14 years |
|------|--------|-----------------|
| Ages | Senior | 15 – 18 + years |

2. If competitors are in a track and field event at the same time, they must report to the field official to register and then take part in the track event. After the track event, competitors must report back to the field official within 5 minutes of the completion of their race. High jump competitors must start at the current height of the bar. The bar will not be lowered. Competitors will not be allowed to resume if the event is finished and has been closed by the referee.

^{3.} 1500m will be run in combined ages for 12 & 13 years, 15 & 16 years and 17 & 18 years. 14 years will be run in their own race.

4. All rules are as per Athletics NSW.

5. All protests must be submitted to either the Track or Field Referee in writing within 15 minutes of the event's completion. Protests may only be submitted by the Team Manager. The Referee's decision is final.

6. Starts – The 'One Start Rule' will be used i.e. any competitor making a false start shall be warned. Only one false start per race shall be allowed with the disqualification of the next athlete making the false start.

7. Three attempts only for field events (except High Jump).

8. All students must wear a shoe on each foot when competing.

^{9.} Selection into the CASA Secondary Athletics Team to compete in the AICES Carnival (Tuesday, 10 September, 2024) will be decided by the best times/distances on the day. The top 3 in track and top 2 in field will progress to AICES. Relays - 2 relay teams per event.

10. Students who miss the CASA carnival due to representing their school at a higher level of representation in another sport, can also nominate to have their times/distances considered. These must be submitted by 9:00am on the morning of the CASA Carnival. This will mean that a top 2 finisher at CASA may be knocked out by a student who is representing their school at a higher level on that day.

^{11.} Students who do not wish to be considered for selection into the CASA representative team must notify the convenor **BEFORE** the end of the CASA Athletics Carnival.

Athletics Implement Specifications

| Age | | MA | LES | | FEMALES | | | |
|-----|--|----------|---------|---------|--|----------|--------|---------|
| | High Jump Start Height | Shot Put | Discus | Javelin | High Jump Start Height | Shot Put | Discus | Javelin |
| 18+ | 1.50m | 6kg | 1.75 kg | 800g | 1.20m | 4 kg | 1.0 kg | 600g |
| 17 | 1.50m | 5 kg | 1.5 kg | 700g | 1.20m | 3 kg | 1.0 kg | 500g |
| 16 | 1.50m | 5 kg | 1.5 kg | 700g | 1.20m | 3 kg | 1.0 kg | 500g |
| 15 | 1.40m | 4 kg | 1.0 kg | 700g | 1.20m | 3 kg | 1.0 kg | 500g |
| 14 | 1.30m | 4 kg | 1.0 kg | 700g | 1.10m | 3 kg | 1.0 kg | 500g |
| 13 | 1.20m | 3 kg | 1.0 kg | 600g | 1.10m | 3 kg | 1.0 kg | 400g |
| 12 | 1.10m | 3 kg | 0.75 kg | 600g | 1.10m | 3 kg | 0.75kg | 400g |

• These are the same specifications as AICES and NSWCIS

Allocation of Officials

• Each school is to supply officials from teachers and senior students. All officials listed in bold must be a teacher from that school. Each school must assign students at their allocated events to assist. Runners may be students from the allocated school.

| Convenor | TIGS Adrian Deck |
|---|--|
| Announcer | WAC |
| Starter | Athletics NSW |
| Marshals | Boys - MAS, PAC, Girls – THAC, GRG |
| Photo Finish | Campbelltown Athletics |
| Photo Finish Assistant | Campbelltown Athletics |
| Chief Track Judge | Athletics NSW |
| Track Judges | TIGS & STL |
| Ribbons table | THAC |
| Meet Manager Data Entry | Cherry Smith & CASA Admin |
| Track side recorder | TIGS & STL |
| Runner from Track to Recording Room | TIGS Students |
| Results Wall & Ribbons Table | TIGS Students |
| Runners from Marshal to Recording Room | TIGS Students |
| Chief Field Judge | Athletics NSW |
| Long Jump 1 – Girls far side | WAC & PAC + 2 students (WAC/PAC) |
| Long Jump 2 – Boys grandstand side | GRG & BAC + 2 students (GRG/BAC) |
| High Jump 1 | External Official, MAS + 2 students (MAS) |
| High Jump 2 | External Official, PAC + 2 students (PAC) |
| Shot Put 1 – Girls northern end | External Official, SLG + 2 students (SLG) |
| Shot Put 2 – Boys southern end | External Official, THAC + 2 students (THAC) |
| Discus 1 – Girls northern end | External Official, GRG + 2 students (GRG) |
| Discus 2 – Boys southern end | External Official, MAS, + 2 students (MAS) |
| Javelin 1 – Girls northern end | External Official, WAC + 2 students (WAC) |
| Javelin 2 – Boys southern end | External Official; BAC + 2 students (BAC) |
| Check Starter | BAC |
| Relay Judges (one at the beginning of change over zone and one at the end of change over zone for all relays) | Change 1: STL, PAC Change 2: WAC, GRG Change 3: THAC, MAS |

| Roving Toilet Area | THAC(am) STL (pm) |
|---------------------|------------------------|
| Roving Canteen Area | PAC (am) BAC (pm) |
| First Aid & Ice | Complete Body Dynamics |

Track Program Summary (These are approximate times only)

| 8.45am | Marshal first events of the day |
|---------|---------------------------------|
| 9.00am | 1500m Girls |
| 9.40am | 1500m Boys |
| 10.20am | 200m Girls |
| 10.55am | 200m Boys |
| 11.30am | 800m Girls |
| 12.00pm | 800m Boys |
| 12.30pm | 100m Girls |
| 1.00pm | 100m Boys |
| 1.30pm | 400m Girls |
| 2.10pm | 400m Boys |
| 2.45pm | 4 x 100m Relays |

Field Program Summary

- All GIRLS field events (No.1) are held at the NORTHERN end of the Stadium
- All BOYS field events (No. 2) are held at the SOUTHERN end of the Stadium
- High Jump varies northern to southern for males and females

| TIME | Jav 1 | Jav 2 | Shot Put 1 | Shot Put 2 | Disc 1 | Disc 2 | High Jump 1 | High Jump 2 | Long Jump 1 | Long Jump 2 |
|---------|----------|----------|------------------|------------------|-----------|-----------|-------------------|-------------------|----------------|----------------|
| 9.00am | 15G | 15B | 12G | 18B | 17G | | 12B | 14G | 18G | 17B |
| 9.30am | | 12B | 13G | | | 16B | 18G | 13B | 16G | |
| 10.00am | 13G | 13B | | 14B | 18G | 17B | 15B | | 12G | |
| 10.30am | | | | 15B | | 12B | | 18B | | 13B |
| 11.00am | 17G | 17B | 14G | | 13G | | 16G | 12G | | 14B |
| 11.30am | | 12G | 16G | 12B | | 13B | | 15G | 13G | |
| 12.00pm | 18G | 18B | 15G | | 14G | | 17B | | | 15B |
| 12.30pm | | | 17G | | 12G | 15B | | 16B | 15G | 12B |
| 1.00pm | 14G | 14B | | 16B | 16G | 18B | 17G | | | |
| 1.30pm | | 16B | 18G | 17B | 15G | | | 14B | 14G | 18B |
| 2.00pm | 16G | | | 13B | | 14B | 13G | | 17G | 16B |

Full Program

| | <u>Fuil Plogram</u> | | | | | | | | |
|----------|---------------------|----------------------|----------------------|-----------------|---------------------------------|--------------------------|--|--|--|
| Event No | Gender | Age | Event | Approx. Time | Implement or starting height | Venue | | | |
| 1-2 | Girls | 12-13 | 1500m | 9.00am | Waterfall Start | 1500m start | | | |
| 3 | Girls | 14 | 1500m | | Waterfall Start | 1500m start | | | |
| 4-5 | Girls | 15-16 | 1500m | | Waterfall Start | 1500m start | | | |
| 6-7 | Girls | 17-18 | 1500m | | Waterfall Start | 1500m start | | | |
| 8 | Girls | 15 years | Javelin | | 500g | Javelin 1 | | | |
| 9 | Boys | 15 Years | Javelin | | 700g | Javelin 2 | | | |
| 10 | Girls | 12 Years | Shot Put | | 3kg | Shot Put 1 | | | |
| 11 | Boys | 18 Years | Shot Put | | 6kg | Shot Put 2 | | | |
| 12 | Girls | 17 Years | Discus | | 1kg | Discus 1 | | | |
| 13 | Boys | 12 Years | High Jump | | 1.10m | High Jump1 | | | |
| 14 | Girls | 14 Years | High Jump | | 1.10m | High Jump 2 | | | |
| 15 | Girls | 18 Years | Long Jump | | | Long Jump 1 | | | |
| 16 | Boys | 17 Years | Long Jump | | | Long Jump 2 | | | |
| 17 | Boys | 12 Years | Javelin | 9:30am | 600g | Javelin 2 | | | |
| 18 | Girls | 13 Years | Shot Put | | 3kg | Shot Put 1 | | | |
| 19 | Boys | 16 Years | Discus | | 1.5kg | Discus 2 | | | |
| 20 | Girls | 18 Years | High Jump | | 1.20m | High Jump 1 | | | |
| 21 | Boys | 13 Years | High Jump | | 1.20m | High Jump 2 | | | |
| 22 | Girls | 16 Years | Long Jump | | | Long Jump 1 | | | |
| 23-24 | Boys | 12-13 | 1500m | 9.40am | Waterfall Start | 1500m start | | | |
| 25 | Boys | 14 | 1500m | 7.10GIII | Waterfall Start | 1500m start | | | |
| 26-27 | Boys | 15-16 | 1500m | | Waterfall Start | 1500m start | | | |
| 28-29 | Boys | 17-18 | 1500m | | Waterfall Start | 1500m start | | | |
| 30 | Girls | 13 Years | Javelin | 10.00am | 400g | Javelin 1 | | | |
| 31 | Boys | 13 Years | Javelin | 10.000111 | 600g | Javelin 2 | | | |
| 32 | Boys | 14 Years | Shot Put | | 4kg | Shot Put 2 | | | |
| 33 | Girls | 18 Years | Discus | | 1.0kg | Discus 1 | | | |
| 34 | Boys | 17 Years | Discus | | 1.5kg | Discus 2 | | | |
| 35 | Boys | 15 Years | High Jump | | 1.40m | High Jump 1 | | | |
| 36 | Girls | 12 Years | Long Jump | | 1.4011 | Long Jump 1 | | | |
| 37 | Girls | 12 years | 200m | 10.20am | | 200m Start | | | |
| 38 | Girls | 13 years | 200m | 10.200111 | | 200m Start | | | |
| 39 | Girls | 14 years | 200m | | | 200m Start | | | |
| 40 | Girls | 15 years | 200m | | | 200m Start | | | |
| 40 | Girls | 16 years | 200m | | | 200m Start | | | |
| 41 | Girls | 17 years | 200m | | | 200m Start | | | |
| 42 | Girls | 18 years | 200m | | | 200m Start | | | |
| 43 | | | Shot Put | 10.30am | 4kg | Shot Put 2 | | | |
| 44 45 | Boys Boys | 15 Years 12 Years | Discus | 10.300111 | 0.75g | Discus 2 | | | |
| 45 | Boys | 12 Years | High Jump | | 1.50m | High Jump 2 | | | |
| 40 | Boys | 13 Years | Long Jump | | 1.3011 | | | | |
| 47 | Boys | 12 years | 200m | 10.55am | | 200m Start | | | |
| 40 | | | 200m | 10.00011 | | 200m Start | | | |
| <u> </u> | Boys | 13 years | 200m | | | 200m Start 200m Start | | | |
| 50 | Boys | 14 years | 200m | | | 200m Start | | | |
| 51 | Boys | 15 years | | | | 200m Start 200m Start | | | |
| 52 | Boys | 16 years | 200m | | | | | | |
| | Boys | 17 years | 200m | | | 200m Start | | | |
| 54 | Boys | 18 years | 200m | 11.00 | E00a | 200m Start | | | |
| 55 | Girls | 17 Years | Javelin | 11.00am | 500g | Javelin 1 | | | |
| 56 | Boys | 17 Years | Javelin Slast Dut | | 700g | Javelin 2 | | | |
| 57 | Girls | 14 Years | Shot Put | | 3kg | Shot Put 1 | | | |
| 58 | Girls | 13 Years | Discus | | 1.0kg | Discus 1 | | | |

| 59 | Girls | 16 Years | High Jump | | 1.20m | High Jump 1 |
|-----|-------|----------|-----------|----------|-----------|------------------------|
| 60 | Girls | 12 Years | High Jump | | 1.10m | High Jump 2 |
| 61 | Boys | 14 Years | Long Jump | | | |
| 62 | Girls | 12 years | 800m | 11.30am | Waterfall | 800m Start |
| 63 | Girls | 13 years | 800m | | Waterfall | 800m Start |
| 64 | Girls | 14 years | 800m | | Waterfall | 800m Start |
| 65 | Girls | 15 years | 800m | | Waterfall | 800m Start |
| 66 | Girls | 16 years | 800m | | Waterfall | 800m Start |
| 67 | Girls | 17 years | 800m | | Waterfall | 800m Start |
| 68 | Girls | 18 years | 800m | | Waterfall | 800m Start |
| 69 | Girls | 12 Years | Javelin | | 400g | Javelin 2 |
| 70 | Girls | 16 Years | Shot Put | | 3kg | Shot Put 1 |
| 71 | Boys | 12 Years | Shot Put | | 3kg | Shot Put 2 |
| 72 | Boys | 13 Years | Discus | | 1.0kg | Discus 2 |
| 73 | Girls | 15 Years | High Jump | | 1.20m | High Jump 2 |
| 74 | Girls | 13 Years | Long Jump | | | |
| 75 | Boys | 12 years | 800m | 12.00pm | Waterfall | 800m Start |
| 76 | Boys | 13 years | 800m | • | Waterfall | 800m Start |
| 77 | Boys | 14 years | 800m | | Waterfall | 800m Start |
| 78 | Boys | 15 years | 800m | | Waterfall | 800m Start |
| 79 | Boys | 16 years | 800m | | Waterfall | 800m Start |
| 80 | Boys | 17 years | 800m | | Waterfall | 800m Start |
| 81 | Boys | 18 years | 800m | | Waterfall | 800m Start |
| 82 | Girls | 18 Years | Javelin | | 600g | Javelin 1 |
| 83 | Boys | 18 Years | Javelin | | 800g | Javelin 2 |
| 84 | Girls | 15 Years | Shot Put | | 3kg | Shot Put 1 |
| 85 | Girls | 14 Years | Discus | | 1.0kg | Discus 1 |
| 86 | Boys | 17 Years | High Jump | | 1.50m | High Jump 1 |
| 87 | Boys | 15 Years | Long Jump | | | |
| 88 | Girls | 12 years | 100m | 12.30pm | | 100m Start |
| 89 | Girls | 13 years | 100m | | | 100m Start |
| 90 | Girls | 14 years | 100m | | | 100m Start |
| 91 | Girls | 15 years | 100m | | | 100m Start |
| 92 | Girls | 16 years | 100m | | | 100m Start |
| 93 | Girls | 17 years | 100m | | | 100m Start |
| 94 | Girls | 18 years | 100m | | | 100m Start |
| 95 | Girls | 17 Years | Shot Put | | 3kg | Shot Put 1 |
| 96 | Girls | 12 Years | Discus | | 0.75kg | Discus 1 |
| 97 | Boys | 15 Years | Discus | | 1.0kg | Discus 2 |
| 98 | Boys | 16 Boys | High Jump | | 1.50m | High Jump 2 |
| 99 | Girls | 15 Years | Long Jump | | 1.00111 | riigit sonip z |
| 100 | Boys | 12 Years | Long Jump | | | |
| 100 | Boys | 12 years | 100m | 1.00pm | | 100m Start |
| 101 | Boys | 13 years | 100m | 1.000111 | | 100m Start |
| 102 | Boys | 14 years | 100m | | | 100m Start |
| 103 | Boys | 15 years | 100m | | | 100m Start |
| 104 | Boys | 16 years | 100m | | | 100m Start |
| 105 | Boys | 17 years | 100m | | | 100m Start |
| 108 | Boys | 18 years | 100m | | | 100m Start |
| 107 | Girls | 14 Years | Javelin | | 500g | Javelin 1 |
| 108 | Boys | 14 Years | Javelin | | | Javelin 1 Javelin 2 |
| 110 | | | | | 0 | |
| | Boys | 16 Years | Shot Put | | 5kg | Shot Put 2 |
| 111 | Girls | 16 Years | Discus | | 1.0kg | Javelin 1 |
| 112 | Boys | 18 Years | Discus | | 1.75kg | Discus 2 |
| 113 | Girls | 17 Years | High Jump | | 1.20m | High Jump 1 |

| 114 | Girls | 12 Years | 400m | 1.30pm | | 400m Start |
|-----|-------|----------|-----------|--------|-------|-------------|
| 115 | Girls | 13 years | 400m | • | | 400m Start |
| 116 | Girls | 14 years | 400m | | | 400m Start |
| 117 | Girls | 15 years | 400m | | | 400m Start |
| 118 | Girls | 16 years | 400m | | | 400m Start |
| 119 | Girls | 17 years | 400m | | | 400m Start |
| 120 | Girls | 18 years | 400m | | | 400m Start |
| 121 | Boys | 16 Years | Javelin | | 700g | Javelin 2 |
| 122 | Girls | 18 Years | Shot Put | | 4kg | Shot Put 1 |
| 123 | Boys | 17 Years | Shot Put | | 5kg | Shot Put 2 |
| 124 | Girls | 15 Years | Discus | | 1.0kg | Discus 1 |
| 125 | Boys | 14 Years | High Jump | | 1.30m | |
| 126 | Girls | 14 Years | Long Jump | | | |
| 127 | Boys | 18 Years | Long Jump | | | |
| 128 | Girls | 16 Years | Javelin | 2:00pm | 500g | Javelin 1 |
| 129 | Boys | 13 Years | Shot Put | | 3kg | Shot Put 2 |
| 130 | Boys | 14 Years | Discus | | 1.0kg | Discus 2 |
| 131 | Girls | 13 Years | High Jump | | 1.10m | High Jump 1 |
| 132 | Girls | 17 Years | Long Jump | | | |
| 133 | Boys | 16 Years | Long Jump | | | |
| 134 | Boys | 12 Years | 400m | 2.10pm | | 400m Start |
| 135 | Boys | 13 years | 400m | | | 400m Start |
| 136 | Boys | 14 years | 400m | | | 400m Start |
| 137 | Boys | 15 years | 400m | | | 400m Start |
| 138 | Boys | 16 years | 400m | | | 400m Start |
| 139 | Boys | 17 years | 400m | | | 400m Start |
| 140 | Boys | 18 years | 400m | | | 400m Start |
| 141 | Girls | Junior | Relay | 2.45pm | | |
| 142 | Girls | Senior | Relay | | | |
| 143 | Boys | Junior | Relay | | | |
| 144 | Boys | Senior | Relay | | | |

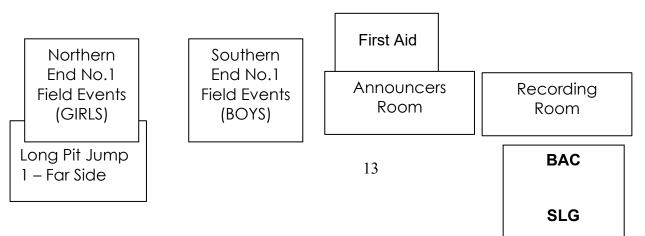
Event Locations

- All Number 1 (GIRLS) field events will be at the Northern end of the ground.
- All Number 2 (BOYS) field events are at the Southern end of the ground.
- Boys Long Jump pit will be closest to the stand, Girls Long Jump pit will be on the other side of the track.
- High Jump varies northern to southern

Stadium Seating Plan

(Seating is western side of ground in the grandstand)

Leagues Club End



MAP of Campbelltown Athletics Stadium



Northern End (Girls Events)

CASA Athletics Records (2003 - 2023)

| Event no. | Event | Time/ Distance | Name | School | Year |
|--------------|----------------------------|-------------------|---------------------------------|----------------|------|
| 1 | 12 Years Female 1500m | 5:42.33 | Aria Furlong | St Lukes | 2021 |
| 2 | 13 Years Female 1500m | 5:25.86 | Isabella Evans | Wollondilly | 2022 |
| 3 | 14 Years Female 1500m | 5:04.61 | Claire Spicknall | Illawarra | 2021 |
| 4 | 15 Years Female 1500m | 5:04.03 | Catriona (Kitty) Henderson | St Lukes | 2017 |
| 5 | 16 Years Female 1500m | 4:53.95 | Claire Spicknall | Illawarra | 2023 |
| 6 | 17 Years Female 1500m | 5:10.70 | Jessica Quilter-Jones | Illawarra | 2021 |
| 7 | 18+ Years Female 1500m | 5:03.94 | Lauren Ward | Macarthur | 2021 |
| 8 | 15 Years Female Javelin | 34.96m | Camryn Harland | Georges River | 2023 |
| 9 | 15 Years Male Javelin | 40.59m | Marcus Campbell | St Lukes | 2019 |
| 10 | 12 Years Female Shot Put | 9.90m | Kira-May Filemu | Georges River | 2018 |
| 11 | 18+ Years Male Shot Put | 13.35m | Ryan Galway | Broughton | 2008 |
| 12 | 17 Years Female Discus | 33.08m | Marie-Louise Meier- Kepavale | Wollondilly | 2016 |
| 13 | 12 Years Male High Jump | 1.50m | Vaughn Patterson | Illawarra | 2004 |
| 14 | 14 Years Female High Jump | 1.58m | Elyse Glynn | Macarthur | 2006 |
| 15 | 18+ Years Female Long Jump | 5.01m | Laura Perich | Macarthur | 2017 |
| 16 | 17 Years Male Long Jump | 6.33m | William Rodgers | Penrith | 2008 |
| 17 | 12 Years Male Javelin | 18.28m | Nathaniel Danda | Thomas Hassall | 2023 |
| 18 | 13 Years Female Shot Put | 11.15m | Isabella Degei | Penrith | 2019 |
| 19 | 16 Years Male Discus | 42.99m | Angus Harrold | Penrith | 2016 |
| 20 | 18+ Years Female High Jump | 1.70m | Laura Perich | Macarthur | 2017 |
| 21 | 13 Years Male High Jump | 1.72m | Myles Brooks | Wollondilly | 2022 |
| 22 | 16 Years Female Long Jump | 5.16m | Tara Hollyoak | St Lukes | 2023 |
| 23 | 12 Years Male 1500m | 4:59.59 | Noah Towill | Illawarra | 2019 |
| 24 | 13 Years Male 1500m | 5:07.03 | Owen Kenneally | Macarthur | 2021 |
| 25 | 14 Years Male 1500m | 4:41.59 | Michael Mitchell | Illawarra | 2023 |
| 26 | 15 Years Male 1500m | 4:23.66 | James Healey | Illawarra | 2018 |
| 27 | 16 Years Male 1500m | 4:30.44 | Benjamin Napier | Wollondilly | 2021 |
| 28 | 17 Years Male 1500m | 4:17.54 | James Brewer | Illawarra | 2023 |
| 29 | 18+ Years Male 1500m | 4:35.85 | James Healey | Illawarra | 2021 |
| 30 | 13 Years Female Javelin | 32.07m | Kirra Bennett-Smith | Wollondilly | 2016 |
| 31 | 13 Years Male Javelin | 41.15m | Hayden Perry | Penrith | 2012 |
| 32 | 14 Years Male Shot Put | 13.55m | B. Olovic | Georges River | 2001 |
| 33 | 18+ Years Female Discus | 38.49m | Marie-Louise Meier- Kepavale | Wollondilly | 2017 |
| 34 | 17 Years Male Discus | 45.98m | Angus Harrold | Penrith | 2017 |
| 35 | 15 Years Male High Jump | 1.80m | Mitch Ryan | Macarthur | 2004 |
| 36 | 12 Years Female Long Jump | 4.65m | Ashlee Davidson | Penrith | 2006 |
| 37 | 12 Years Female 200m | 28.80 | Paige Schafer | Penrith | 2007 |

| 38 | 13 Years Female 200m | 26.74 | Tegan Richards | Illawarra | 2007 |
|-------|---------------------------|----------|------------------------|----------------|------|
| 39 | 14 Years Female 200m | 26.47 | Stephanie Hunt | St Lukes | 2005 |
| 40 | 15 Years Female 200m | 27.09 | Isla Puri | Penrith | 2023 |
| 41 | 16 Years Female 200m | 26.15 | Tara Hollyoak | St Lukes | 2023 |
| Event | Event | Time/ | Name | School | Year |
| no. | | Distance | | | |
| 42 | 17 Years Female 200m | 27.33 | Loen Sevastos | Illawarra | 2023 |
| 43 | 18+Years Female 200m | 27.09 | Laura Perich | Macarthur | 2017 |
| 44 | 15 Years Male Shot Put | 13.10m | Connor O'Shannessy | Penrith | 2023 |
| 45 | 12 Years Male Discus | 30.88m | Hugh Harrold | Penrith | 2016 |
| 46 | 18+ Years Male High Jump | 1.83m | Ryan Freeman | Georges River | 2021 |
| 47 | 13 Years Male Long Jump | 5.29m | William Rodgers | Penrith | 2005 |
| 48 | 12 Years Male 200m | 24.72 | Ahmed Badawy | Illawarra | 2002 |
| 49 | 13 Years Male 200m | 24.47 | Ahmed Badawy | Illawarra | 2003 |
| 50 | 14 Years Male 200m | 24.10 | James Kermond | Broughton | 2010 |
| 51 | 15 Years Male 200m | 23.10 | James Kermond | Georges River | 2011 |
| 52 | 16 Years Male 200m | 23.85 | Mavrick Scanlan | St Lukes | 2007 |
| 53 | 17 Years Male 200m | 22.53 | James Kermond | Georges River | 2013 |
| 54 | 18+ Years Male 200m | 22.75 | James Kermond | Georges River | 2015 |
| 55 | 17 Years Female Javelin | 34.53m | Emily De Brot | Georges River | 2010 |
| 56 | 17 Years Male Javelin | 54.67m | Hayden Perry | Penrith | 2016 |
| 57 | 14 Years Female Shot Put | 10.13m | K. Bullen | | 2007 |
| 58 | 13 Years Female Discus | 32.48m | Zoe Daniels | Wollondilly | 2018 |
| 59 | 16 Years Female High Jump | 1.62m | Laura Perich | Macarthur | 2015 |
| 60 | 12 Years Female High Jump | 1.45m | Elysse Glynn | Macarthur | 2004 |
| 61 | 14 Years Male Long Jump | 5.90m | Samuel Rodgers | Penrith | 2001 |
| 62 | 12 Years Female 800m | 2:37.65 | Alicia Webb | Broughton | 2023 |
| 63 | 13 Years Female 800m | 2:27.80 | Monique Andreatta | Penrith | 2008 |
| 64 | 14 Years Female 800m | 2:26.84 | Isabella Evans | Wollondilly | 2023 |
| 65 | 15 Years Female 800m | 2:26.14 | Katie-Louise Patterson | Illawarra | 2005 |
| 66 | 16 Years Female 800m | 2:24.37 | Claire Spicknall | Illawarra | 2023 |
| 67 | 17 Years Female 800m | 2:30.73 | Katherine Whiteside | Penrith | 2008 |
| 68 | 18+Years Female 800m | 2:26.49 | Maudie Skyring | Illawarra | 2015 |
| 69 | 12 Years Female Javelin | 27.81m | Isabella Degei | Penrith | 2018 |
| 70 | 16 Years Female Shot Put | 11.98m | Lily Hzeszczuk | Macarthur | 2023 |
| 71 | 12 Years Male Shot Put | 9.82m | Jeffrey Sun | St Lukes | 2006 |
| 72 | 13 Years Male Discus | 30.18m | M. Salmon | | 2003 |
| 73 | 15 Years Female High Jump | 1.60m | Elyse Glynn | Macarthur | 2007 |
| 74 | 13 Years Female Long Jump | 4.76m | Maddison McIntosh | Penrith | 2017 |
| 75 | 12 Years Male 800m | 2:19.45 | Adrian Neoklis | Thomas Hassall | 2013 |
| 76 | 13 Years Male 800m | 2:19.66 | Harrison Stratford | Penrith | 2015 |
| 77 | 14 Years Male 800m | 2:15.48 | Harry Gross | Broughton | 2015 |
| 78 | 15 Years Male 800m | 2:07.26 | Hamish Paine | Illawarra | 2011 |
| 79 | 16 Years Male 800m | 2:02.15 | Miles Waring | Illawarra | 2008 |

| 80 | 17 Years Male 800m | 2:03.71 | Alexander Seal | Illawarra | 2013 |
|--------------|---------------------------|-------------------|---------------------------------|----------------|------|
| 81 | 18+Years Male 800m | 2:05.52 | Liam Polinsky | Penrith | 2017 |
| 82 | 18+ Years Female Javelin | 35.42m | Emily De Brot | Illawarra | 2011 |
| 83 | 18+ Years Male Javelin | 40.14m | Daniel Baker | Thomas Hassall | 2011 |
| 84 | 15 Years Female Shot Put | 10.45m | Taime Maidla | Broughton | 2004 |
| 85 | 14 Years Female Discus | 36.48m | Zoe Daniels | Wollondilly | 2019 |
| Event no. | Event | Time/ Distance | Name | School | Year |
| 86 | 17 Years Male High Jump | 1.86m | Mitchell Ryan | Macarthur | 2006 |
| 87 | 15 Years Male Long Jump | 6.23m | William Rodgers | Penrith | 2007 |
| 88 | 12 Years Female 100m | 13.87 | Paige Schafer | Penrith | 2007 |
| 89 | 13 Years Female 100m | 13.03 | Caitlin Heeps | Penrith | 2007 |
| 90 | 14 Years Female 100m | 13.07 | Stephanie Hunt | St Lukes | 2005 |
| 91 | 15 Years Female 100m | 12.75 | Denali Hutt | Illawarra | 2013 |
| 92 | 16 Years Female 100m | 12.98 | Tara Hollyoak | St Lukes | 2023 |
| 93 | 17 Years Female 100m | 13.17 | Tegan Richards | Illawarra | 2011 |
| 94 | 18+Years Female 100m | 13.21 | Laura Perich | Macarthur | 2017 |
| 95 | 17 Years Female Shot Put | 11.86m | Marie-Louise Meier- Kepavale | Wollondilly | 2016 |
| 96 | 12 Years Female Discus | 32.34m | Kira-May Filemu | Georges River | 2018 |
| 97 | 15 Years Male Discus | 53.12m | Angus Harrold | Penrith | 2015 |
| 98 | 16 Years Male High Jump | 1.90m | Samuel Rodgers | Penrith | 2004 |
| 99 | 15 Years Female Long Jump | 5.11m | Abbey Gillam | Broughton | 2013 |
| 100 | 12 Years Male Long Jump | 5.14m | Ahmed Badawy | Illawarra | 2002 |
| 101 | 12 Years Male 100m | 12.18 | Ahmed Badawy | Illawarra | 2002 |
| 102 | 13 Years Male 100m | 12.01 | Ahmed Badawy | Illawarra | 2003 |
| 103 | 14 Years Male 100m | 11.60 | Ahmed Badawy | Illawarra | 2004 |
| 104 | 15 Years Male 100m | 11.16 | James Kermond | Georges River | 2011 |
| 105 | 16 Years Male 100m | 11.36 | Zachary Kappler | Broughton | 2013 |
| 106 | 17 Years Male 100m | 11.00 | Samuel Rodgers | Penrith | 2005 |
| 107 | 18+ Years Male 100m | 11.43 | Kyle Grubnic | Illawarra | 2011 |
| 108 | 14 Years Female Javelin | 32.26m | Kirra Bennett-Smith | Wollondilly | 2017 |
| 109 | 14 Years Male Javelin | 38.30m | Zachary Kapplar | Broughton | 2011 |
| 110 | 16 Years Male Shot Put | 13.62m | J. Newport | | 2002 |
| 111 | 16 Years Female Discus | 36.77m | Marie-Louise Meier- Kepavale | Wollondilly | 2015 |
| 112 | 18+ Years Male Discus | 36.03m | Angus Harrold | Penrith | 2018 |
| 113 | 17 Years Female High Jump | 1.54m | Laura Perich | Macarthur | 2016 |
| 114 | 12 Years Female 400m | 1:09.51 | Alicia Webb | Broughton | 2023 |
| 115 | 13 Years Female 400m | 1:02.20 | Stephanie Hunt | St Lukes | 2004 |
| 116 | 14 Years Female 400m | 59.34 | Evita Dickson | St Lukes | 2017 |
| 117 | 15 Years Female 400m | 1:01.22 | Jessica Quilter-Jones | Illawarra | 2019 |
| 118 | 16 Years Female 400m | 1:01.28 | Bessie Platt | Macarthur | 2013 |
| 119 | 17 Years Female 400m | 1:01.82 | Loen Sevastos | Illawarra | 2023 |

| 120 | 18+ Years Female 400m | 1:01.60 | Jessica Quilter-Jones | Illawarra | 2022 |
|--------------|--------------------------------------|-------------------|---|----------------|------|
| 121 | 16 Years Male Javelin | 41.69m | Thomas Noakes | Macarthur | 2019 |
| 122 | 18+ Female Shot Put | 10.47m | Marie-Louise Meier- Kepavale | Wollondilly | 2017 |
| 123 | 17 Years Male Shot Put | 14.21m | J. Newport | | 2003 |
| 124 | 15 Years Female Discus | 28.75m | Katherine Whiteside | Penrith | 2007 |
| 125 | 14 Years Male High Jump | 1.75m | Samuel Rodgers | Penrith | 2002 |
| 126 | 14 Years Female Long Jump | 4.86m | Caitlin Heeps | Penrith | 2008 |
| 127 | 18+ Years Male Long Jump | 6.36m | Kyle Grubnic | Illawarra | 2011 |
| 128 | 16 Years Female Javelin | 35.03m | Kirra Bennett-Smith | Wollondilly | 2019 |
| 129 | 13 Years Male Shot Put | 12.07m | S. Meafua | Broughton | 2010 |
| Event no. | Event | Time/ Distance | Name | School | Year |
| 130 | 14 Years Male Discus | 36.80m | James Belcher | Illawarra | 2008 |
| 131 | 13 Years Female High Jump | 1.58m | Elyse Glynn | Macarthur | 2005 |
| 132 | 17 Years Girls Long Jump | 5.09m | Sophie Leong | St Lukes | 2006 |
| 133 | 16 Years Male Long Jump | 6.42m | Samuel Rodgers | Penrith | 2004 |
| 134 | 12 Years Male 400m | 1:06.18 | Noah Towill | Illawarra | 2019 |
| 135 | 13 Years Male 400m | 59.03 | James Kermond | Georges River | 2008 |
| 136 | 14 Years Male 400m | 53.61 | James Kermond | Georges River | 2010 |
| 137 | 15 Years Male 400m | 50.53 | James Kermond | Georges River | 2011 |
| 138 | 16 Years Male 400m | 53.89 | Christopher Logozzo | Thomas Hassall | 2019 |
| 139 | 17 Years Male 400m | 51.76 | James Kermond | Georges River | 2013 |
| 140 | 18+ Years Male 400m | 51.83 | Zack Vassallo | Penrith | 2019 |
| | Female 14&U 4 x 100m Junior Relay | 53.46 | P Schafer, E Ogunsiji, A Davidson, C Heeps | Penrith | 2008 |
| | Female 15+ 4 x 100m Senior Relay | 52.13 | D Hutt, A Lavalle, E Martin, M Negus | Illawarra | 2013 |
| | Male 14&U 4 x 100m Junior Relay | 50.42 | No names recorded | St Lukes | 2023 |
| | Male 15+ 4 x 100m Senior Relay | 46.04 | R Holbeck, L Roberts, A Pearce, T Markou | Macarthur | 2015 |